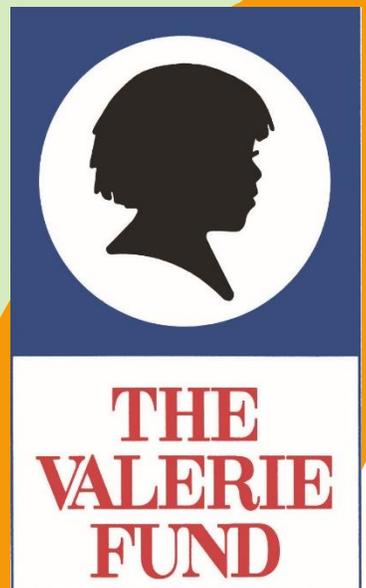
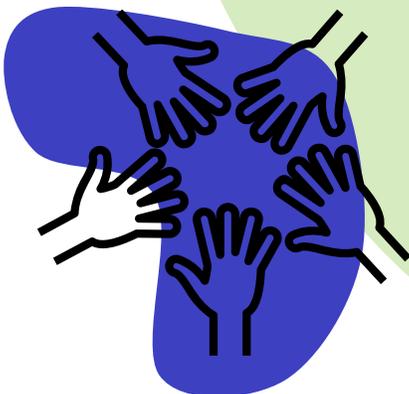


# THE CAPTAIN HOPE ACTIVITY BOOK



By: Gabriella DeFilippo



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This book is dedicated to all the kids fighting cancer and blood disorders and their families.

## The Captain Hope Origin Story:

Captain Hope was designed around 2013 by Valerie Fund patients. They each submitted their own rendition of what they thought the mascot should look like. Elements of every design were combined to make the Captain Hope we see today. Captain Hope has a bald head because of their chemotherapy treatment. The orange in Captain Hope's cape and belt signifies the orange ribbon for Leukemia Awareness. Captain Hope's costume features a utility belt full of things to help kids feel better including power-up badges, lollipops, and anything else Captain Hope might need. I hope you enjoy these Captain Hope and Valerie Fund themed activities and stories. Feel free print the whole book or just a few pages!



Remember you do not need to have a magic utility belt or a cape to be a superhero! You can be one by remembering to be kind to yourself and others and volunteering to help others out.

## ILLUSTRATE YOUR OWN STORIES:

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### Instructions:

Below are five original stories about Captain Hope’s origins and some of their many adventures. At different parts of each story there are prompts for you to draw your own illustrations for the story. At the end of each story there are some other fun drawing prompts! If you need more room to draw, use an extra piece of paper. Enjoy!

## Captain Hope Wishes on a Star

“Alright Sunny, you’re going to feel a slight pinch” The nurse said before accessing Sunny’s port.

Sunny didn’t really feel much because of the numbing cream. Sunny looked at the ceiling. It wasn’t their first time in the hospital, they thought that they would be used to needles at this point, but they still felt scared right before they were accessed. Sunny was in the hospital for their inpatient methotrexate treatment. A few months ago, Sunny and their family found out that they had Acute Lymphoblastic Leukemia or ALL Leukemia. Sunny had been feeling very tired and was bruising very easily, so their doctors did a full blood work up and discovered the Leukemia.

Sunny tried to stay strong for their family, but it was hard to put on a brave face. All the time in the hospital and at the Valerie Center was exhausting. Sunny remembered how their mom and dad always said that Sunny had been born smiling. That’s how they got their name. Even though Sunny was in remission, they still had a lot of treatment left. The doctors needed to teach their body to make normal blood cells again.

“Okay Sunny, I’ll be back in a while to get rid of the empty bag.” The nurse hung up the methotrexate bag and left the room.

Draw Sunny and their family playing boardgames

“Would you like to play a board game honey?” Sunny’s Dad asked.

“Sure! Let’s play some Monopoly!”

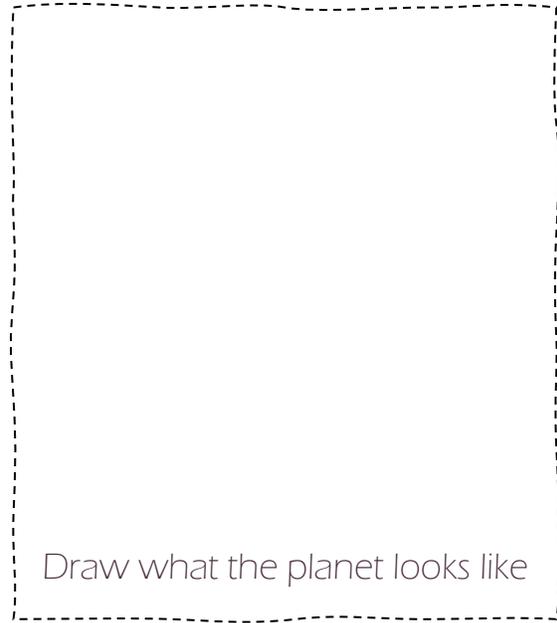
Sunny and their family spent the rest of the day playing Monopoly and watching movies until it was time for Sunny’s Dad and sister to leave. The nurse removed the empty methotrexate bag and put

the normal iv bag back on, it was time for bed. It was hard to fall asleep in the hospital. The room never seemed to be fully dark, and one of the night nurses wore the loudest shoes in existence. Eventually, Sunny’s Mom was able to doze off on the window ledge, but Sunny couldn’t. In the quiet hospital room, Sunny suddenly felt very lonely and very sad. They wished that they could be home in their own bed, they wished that they had never had cancer. Sunny began to cry and looked out the window of the room when suddenly, they spotted a shooting star!

“I wish I knew how to stay strong.” Sunny whispered to the star streaking across the sky.

Right after making their wish Sunny was finally able to fall asleep. While asleep they had a dream. They were on the surface

of a planet that seemed to be flying around the earth. All around them was grass and trees and flowers. Next to them was a tall green person with no hair on their head and bare feet. They looked like a Martian, but Sunny knew that they weren't on Mars since the



surface of Mars was red and dusty and it definitely didn't have any plants on it.

"Who are you?" Sunny asked in awe.

The green person turned to Sunny and said, "I am Ulex, I live on the star that you wished upon."

Sunny looked around, they never realized stars had plants on them.

"I've come to grant your wish," Ulex said, Sunny couldn't believe it, "While I do not have the power to fix all that hurts, I can give you the power to make others like you happy."

"What do you mean?" Sunny asked.

"You shall be a superhero known as Captain Hope, wherever you go you will bring happiness and laughter. Through helping others, you will be strong."

Sunny nodded, while they still didn't really understand what Ulex was telling them, they were filled with a feeling of duty and even excitement.

"Now Sunny, it is time for you to return to the hospital, remember no matter your doubts, you will be wonderful." Ulex smiled and the dream faded away.

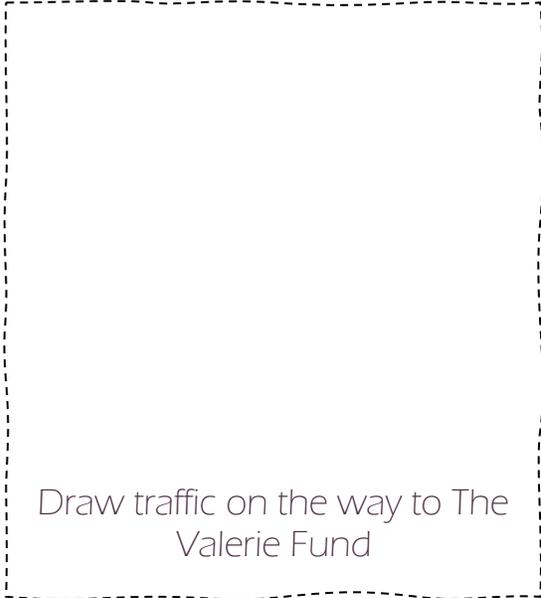
Sunny was once again in their hospital bed, only now, they did not feel nearly as lonely. Sunny smiled and fell into the first peaceful and restful sleep they had had in weeks and woke the next day ready for anything.

What Powers do you think Sunny will have as Captain Hope?

Draw them!

## Captain Hope and the Zofran Jam

It was a rainy day at the hospital. Sunny was there for one of their weekly checkups and outpatient chemo sessions. The waiting room at The Valerie Center was packed to the brim with kids and families. Traffic had been pretty bad on the way to the hospital so many families were



Draw traffic on the way to The Valerie Fund

arriving late to their appointments. Some of the kids were playing with the toys in the waiting room or reading the books from the bookshelf like Sunny.

“You can come on back now Sunny!” the nurse said as he poked his head around the corner. Sunny and their family went back to the room with the scale and wall measure. Sunny got their height and weight taken and they told the nurse that they were allergic to Pegaspargase.

“I’m sorry you guys need to go back to the waiting room now, the doctor will be here in a little bit, but they are still in their morning meeting. Everything is running late because of the traffic jam. We’ll try to see you as soon as possible,” the nurse said apologetically.

“Okay. I’ll be right there,” Sunny said to their parents, “I just have to use the bathroom.”

When Sunny was walking out of the bathroom they heard two nurses talking.

“—and it’s going to be a rough day, we’re out of Zofran! The truck with the order is stuck in traffic—” One of the nurses said as she walked by.

Sunny was stunned, they knew how important Zofran is, they could barely stand getting chemo without it because of the nausea. Sunny knew that some other kids would probably even



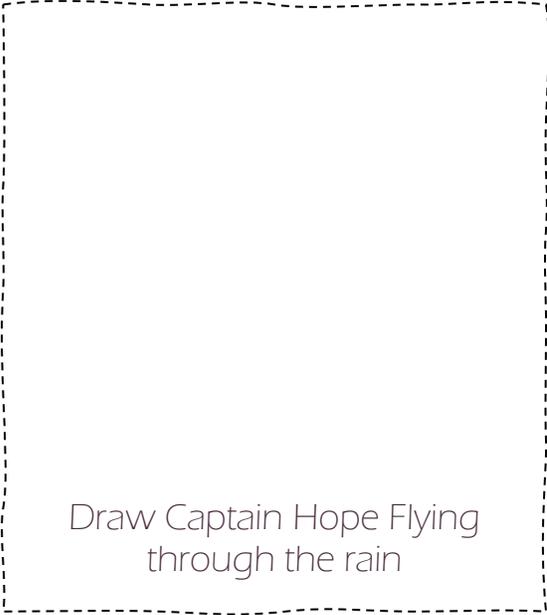
throw up! They knew that this is a job for Captain Hope! Sunny ran out to the waiting room and told their Mom what they had to do. Sunny had told their family all about being Captain Hope so that they could cover for Sunny. Then Sunny transformed into Captain Hope in one of the empty examination rooms.

“Excuse me, nurse,” Captain Hope said, “I’ve heard about your Zofran troubles, can you tell me where the truck is?”

“Captain Hope!” The nurse exclaimed, “I’m so glad you are here! The truck is stuck on the highway a couple of minutes away! Will you be able to bring the Zofran here?”

“Of course, I can! I’m Captain Hope, it’s what I do.”

With that Captain Hope ran out of the hospital and flew up into the air. Captain Hope flew straight towards the highway and started looking left and right for the pharmacy truck. It was hard to fly with the rain weighing them down, but Captain Hope knew that the other kids needed their



Draw Captain Hope Flying through the rain

medicine; the thought gave them strength. After a couple of minutes, they spotted the truck, it was stuck in bumper-to-bumper traffic! They landed next to the driver side of the door so that they could talk to the woman inside.

The driver lowered the window and said “Captain Hope! You are just the person I was hoping to see. Traffic has barely moved in the last 10 minutes; it’ll take me over an hour to get to the hospital in these conditions.”

“No worries Miss, I’ll take care of everything.” Captain Hope said. They tried to look confident but, on the inside, they had no

idea how they would get the medicine to the hospital. Then, Captain Hope remembered the Badge of Strength they had in their utility belt. They took the badge out of their belt and pinned it on their chest. They felt a surge of strength running through their body and knew what to do.

“Make sure you’re buckled in and hold onto the seat, I’m gonna get this truck to the hospital no matter what!” Captain



Hope said to the driver.

With that Captain Hope grabbed the edge of the truck and lifted it above their head. They flew as fast as they could, luckily the truck shielded them from the rain, so they were able to see clearly. Just when they thought they couldn’t fly anymore, the hospital came

into view. Captain Hope set the truck down in the parking lot and began carrying the boxes of Zofran to the pharmacy. They kept their Badge of Strength on so that they could carry as many boxes as possible. Everyone who could helped to bring the boxes to the pharmacy.

While everyone else finished up, Captain Hope snuck off to a private corner. They put the Badge of Strength back in their utility

belt so it could charge and then they transformed back into Sunny. It took Sunny a little while to make it back to the center since they were very tired from their adventure. But they got there just in time for their checkup. While they were walking to the exam room, they overheard the nurses talking.

“–thank goodness for Captain Hope, if they didn’t get the Zofran, I don’t know what we would have done!”

Sunny smiled, happy that they were able to help.

What do you think the Badge of Strength looks like? What other Badges might Captain Hope have? Draw them!

## Captain Hope's Sidekick

Emma was the new kid at the Valerie Center's Tuesday morning gang since her family had just moved to the area. She had been diagnosed with Sickle Cell Disease when she was a baby. Emma had to go to the Valerie Center blood transfusions every few weeks as part of her treatment. Even though she had been getting regular transfusion for years she began to feel upset and angry every time she went to the hospital. Sometimes she would say mean things to her parents and regret it right after. She tried to 'stay positive' but it never worked, it always just made her more upset. She tried to make friends with the other kids, but she was jealous because the other kids seemed to not mind being at the Center. She did her best to smile like they did, but it was hard. She remembered how last week she was having a good day and was having fun playing with the other kids. They told her all about Captain Hope. They told her that Captain Hope was the Valerie Fund's resident superhero and mascot. The kids said that Captain Hope could tell how you were feeling, just by looking at you! And how you would always feel better just by looking at Captain Hope. Emma wished Captain Hope were there so that she could feel better and not have another bad day.

Just then, a green person with a bald head and bare feet walked into the Valerie Center. The person was wearing dark

blue sparkly armor with an orange cape attached. When Emma looked at the person, she instantly knew that they were Captain Hope. Just like the other kids said, she instantly felt happier just by seeing Captain Hope.

“Hello everyone!” Captain Hope said happily.

Instantly, all the kids ran up to Captain Hope and gave them hugs.

“What are you doing here Captain Hope?” one of the parents asked.

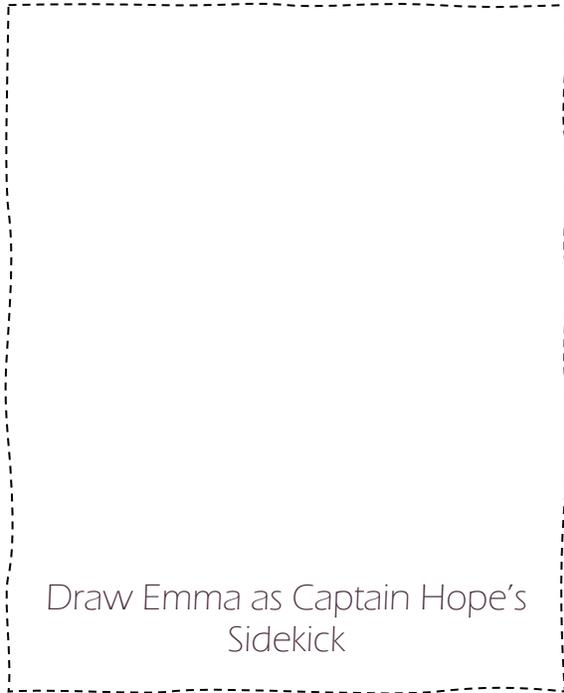
“I’m here because I need help,” Captain Hope paused, “I need someone to be my sidekick for the day.”

The kids stopped and stared at each other; Captain Hope needed a sidekick! They all started clamoring around Captain Hope hoping that they would get picked. Captain Hope looked around the room searching for a sidekick when they saw that Emma was sitting in her chair. Captain Hope instantly felt all the sadness Emma was feeling so they walked over and kneeled down beside her.

“Would you like to be my sidekick?” they asked.



Draw Captain Hope and all the kids



Emma looked up startled, she didn't understand why Captain Hope was asking her to be their sidekick, but she nodded anyway. Emma's mother agreed that Emma could go with Captain Hope if they were back in time for Emma's treatment.

"We have a very special assignment to do. There are

some pretty sad and bored kids upstairs in the inpatient rooms, we have to go and cheer them up! Here take this," Captain Hope handed Emma a golden badge, "this is the Official Captain Hope Sidekick Badge! It will give you some of my powers. Use it wisely."

Emma pinned the badge on her shirt and suddenly she was wearing a sparkly blue suit and orange cape just like Captain Hope.

Upstairs Captain Hope and Emma played many games with the other kids. They played board games like *Clue* and *Mousetrap*, they also played *Uno*, *Minecraft*, and even some *Among Us*, which Captain Hope wasn't very good at. After a while it was time for Emma to go back downstairs. She was

having so much fun that she didn't want to go back to the center, but Captain Hope reminded her that she still needed to get her transfusion and that her mother was expecting them back.

"Remember Emma, you can come back here at any time and volunteer, you made those kids very happy today." Captain Hope said as they and Emma left the inpatient wing.

"Captain Hope," Emma said hesitantly, "how are you so happy all the time?"

Captain Hope stopped walking and kneeled down, "Emma, I'm not happy all the time. Why do you think I needed a sidekick today! I was feeling so sad, I didn't know how I could cheer anyone else up!"



Emma looked into Captain Hope's eyes surprised, Captain Hope seemed like a smile was frozen on their face, how could they ever feel sad!

"It's okay to feel sad or angry Emma, it's not good to try and be happy all the time. If you always hold your emotions back eventually, they come crashing out in a tidal wave!"

Emma nodded her head; she remembered all the times she had snapped at her parents without meaning too. They were like mini tidal waves each time.

Emma looked at Captain Hope and saw the sincerity in their eyes. Emma thought about what Captain Hope said as they finished making their way to the Valerie Center. She expected to start feeling sad again, but she didn't! She felt happy and knew that she should embrace that happiness. After that day Emma still had her moments when she was sad, but she lets those moments happen because she knew that once it passed, she would be happy again.

What do you think The Captain Hope Sidekick costume looks like? Draw it!

## Sunny's Toy Drive

"Okay honey, you are all done," the nurse said to Sunny, "If you want, you could stop by the toy chest on your way out. Mr. Hall, don't forget to make your next appointment with the front desk before you leave."



Sunny and their dad said 'thank you' to the nurse, made their way out of the office. When Sunny passed by the toy chest, they noticed that there were barely any toys in it. Sunny decided not to take anything, so the younger kids there could still get a toy. While at the front desk Sunny mentioned to the woman

that the toy chest was almost out of toys

"Oh, I know. You are the third person who has told me. We're trying to refill it, but we are running out of toys at the office too. Since summer is only a couple of weeks away, the donations drop because people are getting ready to go away on vacation and there are no major holidays that involve gift giving. We'll just have to wait until we get some more."

At first, Sunny thought about transforming into Captain Hope, and flying around town gathering toys, but then, they had a different idea. They decided that they would do a summer toy drive! Sunny got to work right away with a visit with one of the Child Life Specialists.

“Hi Sunny, what can I do for you?” Penny asked.

“I want to put on a toy drive, but I don’t know how to do it.” Sunny said.

“That sounds wonderful Sunny! I would love to help! Well, first, we can only take new toys, so make sure you don’t accept any toys that look like they have been used before. Check for a tag, or if it is still in the original packaging. You could set up a table at a town event, leave a box at a business (with their permission), or talk to local schools, clubs, religious institutions and Scouts and have them gather donations. After that, bring them here or to our office building so that we can distribute them. I look forward to seeing all the toys you collect!”

“Thank you, that was very informative. I never knew a toy drive was so easy to organize. I think I’ll put a donation box at all the places you mentioned, since you guys are in need of a lot of toys.”

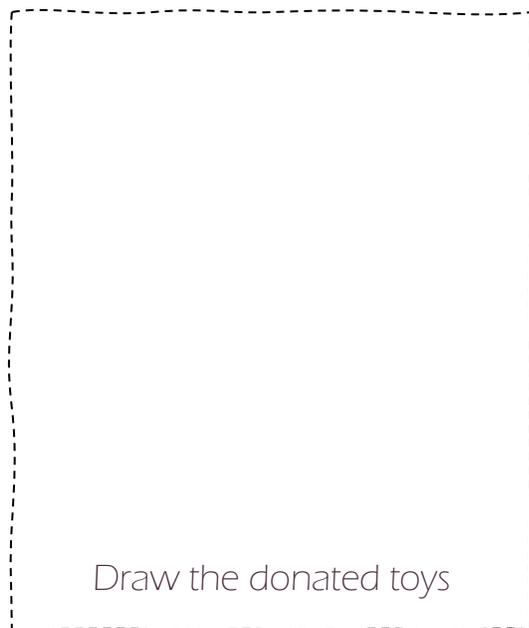
As soon as Sunny got home they started sending emails. The town’s annual Start of Summer Bash was coming up

in a few weeks, Sunny could set up a table there. Sunny emailed the event organizer about having a table and an ad in the flyer. She said yes! Sunny sent her all the information she needed to know. Then Sunny emailed some middle and high school counselors about the toy drive. They said that they would have some of their clubs help with the drive. They reached out to their local Girl and Boy Scouts and talked with their religious organization. Finally, Sunny went to the grocery store and asked if they could set up a box and they also agreed! Sunny decided that they would pick up all the toys the day after the Summer Bash.

After a few weeks it was finally time for the toy drive! Sunny put on one of their Valerie Fund t-shirts and went to their table at the Bash. There were lots of blow-up slides and obstacle courses. A pizzeria was giving out free pizza and even cotton candy! Sunny set up their table and put out some coloring pages and pencils so people would notice their booth. At first, they only got a few toys, some dolls and a pack of cards. Someone tried to donate a garbage bag of



old toys, but Sunny apologized and said they couldn't take them to the hospital. Instead, they would give the old toys to a local soup kitchen. The man with the garbage bag sighed, he didn't care, as long as the toys didn't come back home with him.



It wasn't until later in the night that Sunny got a lot of toys. People were leaving the Bash to grab toys and coming back to donate them. By the end of the night Sunny's box was full! Sunny couldn't wait for tomorrow when they could see how many toys were in the other boxes, but, before they

could even get home, their Mom's car stopped working!

"I'm sorry honey, we can't get the other boxes until next week." Sunny's parents told them after they found out the mechanic had to order a new part for the car.

Sunny was upset, they knew that The Valerie Center was counting on those toys! That night they could barely sleep. Eventually they were able to drift off, they dreamt about a car chasing them and eating toys. But when they woke up, they had an idea! It looks like Captain Hope would help with the toy drive after all! Sunny, after asking their parent's permission,

transformed into Captain Hope and flew over to the grocery store. They found the box of toys in the front entrance of the store and it was filled pretty high. It would be hard to fly without dropping any of the toys, so Captain Hope pinned the Toolbox Badge onto their cape and it turned into an orange backpack! At first, Captain Hope didn't think all the toys would fit. But the inside of the bag seemed larger than its outside! Captain Hope decided to leave the empty donation box at the grocery store, so they asked the manager if it was ok to leave the box so that it could be filled up again, and she said it was a great idea! Then, they went to the schools, clubs and religious houses and picked up the toys from there, finally they stopped home to get the toys from the day before. The Scouts had heard what happened with Sunny's car, so they brought the toys they collected directly to the hospital where they met up with Captain Hope.

Captain Hope and their Scout friends were so excited for everyone at the Center to see all the new toys!

"Where should I put all the toys?" Captain Hope asked Penny.

Penny was surprised to see Captain Hope, since she was expecting Sunny, "Captain Hope! What are you doing here? I thought Sunny was doing the toy drive?"

“Uhhh,” Captain Hope was thinking fast, they didn’t want to blow their cover! “I saw the flyers from Sunny... and decided to help out! I found out Sunny’s car broke down so I offered to gather all the toys and deliver them!”

“Oh, okay! You can just put the toys in my office, and I’ll take care of the rest. Thank Sunny for me when you see them and thank you and the Scouts for your help!”

While Captain Hope flew home, they felt relieved that they didn’t accidentally reveal their secret identity. Over the next few months, Sunny continued their toy drive and was able to restock the Valerie Center’s toy chest, closet, shelves and under everyone’s desks! After that, the summer toy drive became an annual event put on by the town.

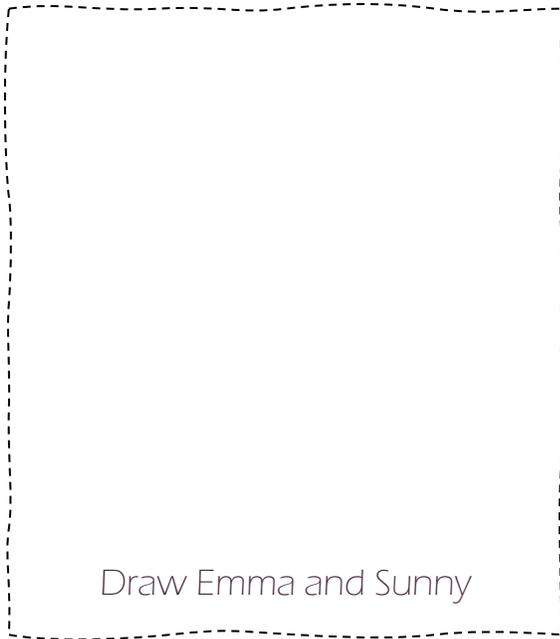
What are some of the unique toys that Sunny got in their toy drive? Draw them!

## The New Captain Hopes

It was summer vacation, and Sunny was going on their Make-A-Wish trip to Disney World and to visit some colleges near Florida. Sunny and their family would be there for a full three weeks! Sunny was excited to go, but also worried. Their treatment had ended, and it was getting hard to keep up with Captain Hope and school. In the fall, they would be a junior in high school and they would have to start searching for colleges. They were no longer at the Valerie Center all the time, so they had a hard time knowing when their help was needed. One day, Sunny reached into the utility belt and pulled out a chip that, when placed at the Center, would alert Sunny when Captain Hope was needed. Now that they were going to Florida, Sunny would never be able to get back to the Center if they needed them. But Sunny, as always, had a plan. Emma was still going to the Center every few weeks for her blood transfusions. Sunny would give her the watch that allowed them to transform into Captain Hope.

With their parent's permission, Sunny flew to the hospital the Tuesday before they left. Since Emma was the first Captain Hope sidekick, Captain Hope had had a lot of different sidekicks since first meeting Emma, but Emma had the most experience. She would make a great Captain Hope while they

were away. Captain Hope waited for Emma at the exit of the hospital before asking to talk with her.



"Hello Emma, it's good to see you!" Captain Hope said.

"Captain Hope!" Emma gave them a hug, "it's so good to see you too! Do you need me to be your sidekick again?"

"No, I actually have a bigger favor to ask you Emma. I'm going on my Make-A-Wish trip next

week and visiting some colleges, I'll be too far away to help out at The Valerie Center. I need you to be Captain Hope while I am away."

Emma was stunned, she knew that Captain Hope was a Valerie Fund kid just like her, but she never really believed it.

"Are you gonna give me the sidekick badge again?" Emma asked.

"No, Emma, this belt is what allows me to change into Captain Hope." As Captain Hope said this, they took the belt off.

Once the belt left their waist, they transformed back into Sunny. Emma stepped back. It was the first time Captain

Hope had shown their secret identity to anyone as far as Emma knew. They held the belt out to Emma.

“Sunny? You’re Captain Hope?!” Emma and Sunny had been friends for a few years, Sunny was like her older sibling! Emma could not believe that Sunny had never told her that they were Captain Hope!

“Yes, I’ll tell you about how I became Captain Hope some other time. I have to get back home. I know that you will make a great Captain Hope while I’m away.” Sunny turned to leave, but then thought of something else to tell Emma, “The belt is connected to a chip in the center so you can be alerted when they need you. If you have any questions you can just text me”

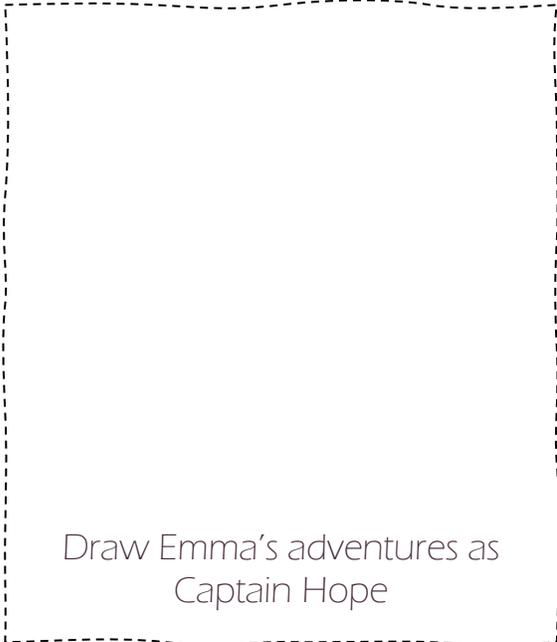


“Thank you Sunny. I’m so glad that you trust me to be Captain Hope. I hope you have a good trip. I guess I’ll see you when you get back.” Emma gave Sunny another quick hug before running to catch up with her mom.

It was just then Sunny realized that they would have to walk home, since they couldn’t transform into Captain Hope and

fly. It would be weird without the belt, but they would get used to it.

Emma's first adventure as Captain Hope was when she went around the inpatient wing and cheered up the kids there. Just like she had done when she was a sidekick. She had lots of fun and did a good job. Some of the kids noticed that



Draw Emma's adventures as Captain Hope

Captain Hope sounded different. So, she told them that she was filling in for the other Captain Hope. The kids were amazed to learn that Captain Hope could be different people.

It was hard at first trying to balance regular life with Captain Hope life. Emma wasn't sure how Sunny did it. After only half a week Emma had to help with fundraising, delivering toys, cheering up kids, and delivering medication. She was exhausted! She was barely able to keep up with it all and stopped visiting the inpatient wing. After a week and a half, it was time for her to get a checkup at the center. While there she overheard nurses talking while she was getting her blood.

“–The kids upstairs have really missed Captain Hope, they have been so bored, and tired recently–”

Emma sank into her chair; she didn't mean to neglect the other kids. She just didn't know how to balance it all. She decided to visit after her transfusion was over.

Draw Captain Hope talking to the kids in the inpatient wing

When she walked into the inpatient playroom, all the kids cheered and ran up to her. They played lots of games and even told stories. She saw some of the older kids teaching the younger ones how to play all the games. That's when she had an idea.

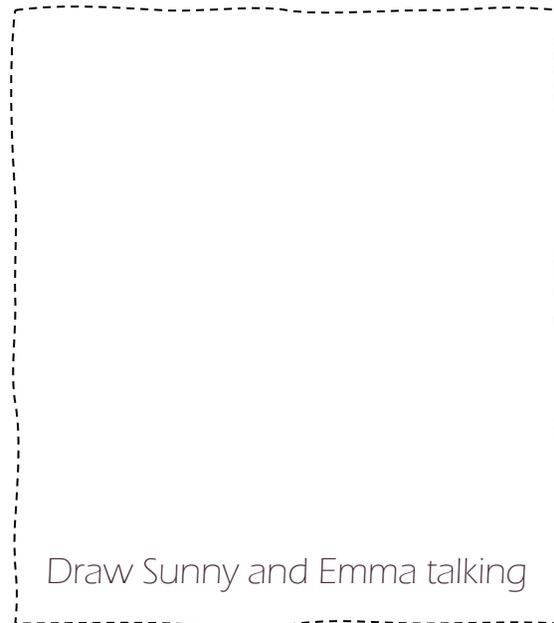
"Everyone, I have something to say," all the kids fell silent and turned towards her. "As I'm sure you noticed I haven't been around too often. I'm sorry. I've been having trouble doing everything that Captain Hope should be doing. I need your help. From now on, you and every other Valerie Fund kid is one of my helpers. As my helper's you guys should organize toy drives and continue these game days. You all can be Captain Hopes for each other."

The older kids nodded understanding Captain Hope perfectly even some of the younger kids seemed to understand. After that day word spread quickly, all the kids helped each other and did what they could to help the Doctors

and Nurses. They were like an army of little Captain Hopes. When Sunny returned home they saw all that Emma had done and were very proud of her. After a few days, Emma and Sunny met so that Emma could return the belt, she was happy Sunny was back, but she would miss being Captain Hope.

“Sunny! I’m so glad you are back! Did you have a good trip?” Emma asked as she hugged them.

“Yes! I had lots of fun and I saw some pretty cool colleges! From what I’ve heard, you’ve been very busy too.” Sunny smiled and Emma blushed.



Emma felt like she had left Sunny down because she wasn’t able to be Captain Hope on her own.

“I’m sorry Sunny, I know I didn’t do that great of a job.”

“What do you mean Emma?! You did a great job; I can’t believe I didn’t think about having everyone be their own Captain Hope sooner!”

“Really?” Emma was surprised and felt proud of herself.

“Really! In fact, I think it’s about time someone else was Captain Hope.”

“But Sunny you don’t mean that! Do you?”

“Well, I’ve been thinking about it, I’m no longer in treatment and I just can’t seem to keep up with my Captain Hope responsibilities and school. I want you to be the new Captain Hope.” Emma was stunned, she couldn’t speak. “Well, what do you say Emma? Would you like to be the next Captain Hope?”

Emma stared at Sunny, her mind raced, she could only say one word . . .

“Yes!”

Draw Emma as Captain Hope!

## FILL-IN-THE-BLANK STORIES:

- ★ The Search for the Missing Mini Soda.....33
- ★ Sunny Makes a Pizza.....34
- ★ Emma and the Talent Show.....35
- ★ Weekly Calendar.....36
- ★ Emma and the Missing Puzzle Piece.....37
- ★ Sunny's Fundraiser.....38
- ★ Captain Hope and The Valerie Walk.....39

### Instructions:

One person asks the other players to give them words based on the prompt below the blank line. The other players suggest words to fill in each blank. After all the blanks are filled in the story is read aloud.

## Word prompt meanings:

1. **Adjective:** a word that describes a person, place, or thing. I.e., slimy, pretty, nice, quick, or soft
2. **Adverb:** a word that describes an action; usually ends in “ly”. I.e., quickly, happily, quietly, grumpily, or sadly
3. **Past tense:** refers to something that happened in the past; a word that often ends in “ed”. I.e., ran, jumped, smiled, sang, or filled
4. **Emotion:** a word that describes how a person is feeling. I.e., happy, sad, angry, excited, or afraid
5. **Appliance:** a device that is made to perform a specific action. I.e., microwave, washer machine, fridge, toaster oven, or coffee maker
6. **Unit of time:** something that measures time. I.e., minute, hour, second, decade, or millennium
7. **Onomatopoeia:** a word that replicates a sound. I.e., bang, crash, crack, bam, or pow
8. **Exclamation:** a sudden word or phrase that expresses surprise, anger, pain, or joy; usually is followed by an exclamation mark and/or a question mark. I.e., wow!, ow!, yay!, no way!, or what?!



## Sunny Makes a Pizza

On \_\_\_\_\_ Sunny decided to make pizza. They got the  
day of week  
ingredients from the pizza shop down the street. Sunny made a  
\_\_\_\_\_ shaped pizza and put \_\_\_\_\_ on it.  
shape adjective type of cheese  
They also put \_\_\_\_\_ (s) on top. They baked  
number adjective food  
their pizza in the \_\_\_\_\_ for \_\_\_\_\_ and they  
appliance number unit of time  
decided to eat their pizza on the \_\_\_\_\_ but, before they  
furniture  
could, they heard a(n) \_\_\_\_\_ and the front door flew open! It  
onomatopoeia  
was a(n) \_\_\_\_\_! It \_\_\_\_\_ into the house and knocked  
animal verb past tense  
over the \_\_\_\_\_. Sunny tried to catch it but it was too  
furniture  
\_\_\_\_\_. Then it grabbed Sunny's pizza and \_\_\_\_\_ out  
adjective verb past tense  
of the house. Sunny sighed and decided to just order food from the  
\_\_\_\_\_. So much for making their own pizza!  
noun

## Emma and the Talent Show

Every \_\_\_\_\_ the Valerie Fund puts on a(n) \_\_\_\_\_ talent  
unit of time adjective  
show. Emma decided that she would do a dance from her favorite  
movie \_\_\_\_\_. She decided that she would wear her lucky  
noun  
\_\_\_\_\_ \_\_\_\_\_. She would practice her dance for \_\_\_\_\_  
color noun number  
minute(s) every day until the talent show. She would use a(n) \_\_\_\_\_  
noun  
as a prop for her performance. For her first dance move she would do  
the \_\_\_\_\_ \_\_\_\_\_, then the \_\_\_\_\_ \_\_\_\_\_, and  
adjective noun adjective verb  
finish with the \_\_\_\_\_. The talent show would  
verb ending in ing noun  
start at \_\_\_\_\_ on \_\_\_\_\_. Emma was so excited for her  
time day of week  
performance that she couldn't \_\_\_\_\_ the whole week before  
verb  
the show. Finally, it was time for the show! Emma did all her moves  
perfectly and after everyone in the crowd \_\_\_\_\_ and said  
verb past tense  
\_\_\_\_\_. Emma couldn't stop smiling.  
exclamation



## Emma and the Missing Puzzle Piece

Emma loved to do puzzles. Sometimes the puzzles look like (a/n)

\_\_\_\_\_ and sometimes they look like (a/n) \_\_\_\_\_  
verb                  noun                                  adjective

\_\_\_\_\_. Today she was making a puzzle that looked like a(n)  
noun

\_\_\_\_\_. But, just as Emma was placing the \_\_\_\_\_  
noun                  verb                                  number

piece down, she realized that she was missing the last piece. She

stood up \_\_\_\_\_ and \_\_\_\_\_ down to look for the piece on  
adverb                  verb past tense

the \_\_\_\_\_. But, it was not there. Emma then looked on top of  
noun

the \_\_\_\_\_ but the piece still wasn't there! Emma was very  
noun

\_\_\_\_\_ that she could not find the \_\_\_\_\_ puzzle piece.  
emotion                                  adjective

She thought about replacing the piece with a \_\_\_\_\_, but she knew  
noun

it would not look right. Then as she was \_\_\_\_\_ she said  
verb ending in "ing"

\_\_\_\_\_! She had \_\_\_\_\_ right on the missing puzzle  
exclamation                  verb past tense

piece! She wondered, \_\_\_\_\_, how the puzzle piece had gotten  
adverb

all the way over there!

## Sunny's Fundraiser

Sunny decided to put on a fundraiser for The Valerie Fund.

They would sell \_\_\_\_\_ to people for \$ \_\_\_\_\_ each. They  
noun number  
decided to set up their table at the \_\_\_\_\_ store. Sunny was  
type of store  
hoping to make \$ \_\_\_\_\_ from the fundraiser! On the day of the  
number  
fundraiser, it was very \_\_\_\_\_ and \_\_\_\_\_ out; Sunny  
adjective adjective  
knew that they would have lots of customers. Sunny \_\_\_\_\_  
verb past tense  
\_\_\_\_\_ over to the store to set up their table. Sunny set out all  
adverb  
the \_\_\_\_\_ and \_\_\_\_\_ on the table and  
plural noun plural noun  
\_\_\_\_\_ a sign up listing the prices of the items. The first  
verb past tense  
customer was a very \_\_\_\_\_ person and they bought three  
adjective  
\_\_\_\_\_ . The next customer was a(n)  
color plural noun  
\_\_\_\_\_ woman who bought \_\_\_\_\_ items from Sunny.  
adjective number  
By the end of the day Sunny had sold out! They made \$ \_\_\_\_\_  
number  
from the fundraiser! What a(n) \_\_\_\_\_ day!  
adjective



## WORD SEARCHES:

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### Instructions:

Find the hidden words in the puzzles below! Words can be vertical, horizontal, diagonal, and backwards! (Answers on p. 75)

# Captain Hope Wishes on a Star

O	L	E	P	E	I	R	E	L	A	V	D	A	O
M	A	P	W	O	N	D	E	R	F	U	L	E	V
A	A	R	S	R	I	E	Y	A	A	R	E	M	U
R	T	G	E	O	P	C	E	P	E	P	C	O	D
T	I	D	E	A	E	E	T	R	P	E	A	N	R
I	P	L	A	N	E	T	V	E	G	L	P	O	E
A	H	S	T	R	O	N	G	O	R	N	T	P	A
N	E	E	Y	A	N	P	E	E	L	S	A	O	M
R	R	A	I	A	X	N	N	T	O	R	I	L	E
Y	M	G	F	E	L	P	R	T	U	G	N	Y	P
N	E	S	U	P	E	R	H	E	R	O	H	S	P
N	T	R	A	T	S	G	N	I	T	O	O	H	S
U	T	A	O	H	X	N	U	L	E	X	P	E	R
S	S	N	E	E	E	R	P	A	S	V	E	A	E

- SLEEP
- SUNNY
- SHOOTING STAR
- MARTIAN
- ULEX
- GREEN
- MONOPOLY
- WONDERFUL
- DREAM
- SUPERHERO
- PLANET
- STRONG
- CENTER
- CAPTAIN HOPE
- VALERIE

# Captain Hope and the Zofran Jam

E	I	F	L	Y	I	N	G	T	R	I	I	A	I
T	B	T	A	U	I	T	T	S	M	T	T	T	B
A	D	V	E	N	T	U	R	E	O	L	D	W	V
L	N	E	B	R	A	U	T	O	O	N	R	F	U
G	A	B	A	D	G	E	V	K	R	O	I	A	T
N	S	H	G	G	L	W	G	B	G	C	V	N	I
I	Z	T	O	I	E	H	T	D	N	I	I	R	L
N	O	N	R	H	A	E	R	J	I	F	N	H	I
N	F	N	B	E	T	L	U	O	T	F	G	I	T
U	R	E	S	I	N	P	C	B	I	A	L	G	Y
R	A	E	G	V	R	G	K	A	A	R	R	H	B
I	N	S	W	I	G	R	T	H	W	T	A	W	E
O	H	N	E	D	A	A	G	H	B	V	I	A	L
T	H	J	I	H	T	H	T	B	R	R	N	Y	T

STRENGTH  
 UTILITY BELT  
 TRAFFIC  
 FLYING  
 RAIN  
 WAITING ROOM  
 BADGE  
 TRUCK  
 ZOFRAN  
 HELP  
 HIGHWAY  
 RUNNING LATE  
 JOB  
 DRIVING  
 ADVENTURE

# Captain Hope's Sidekick

B	A	O	R	A	N	G	E	C	A	P	E	O	P
M	K	B	O	A	R	D	G	A	M	E	S	A	O
A	R	M	O	R	G	R	E	M	A	S	E	E	S
T	I	K	C	I	K	E	D	I	S	S	E	V	I
L	E	I	B	E	L	I	M	S	S	A	N	A	T
E	A	S	P	P	E	P	D	A	N	K	U	W	I
E	O	E	P	S	E	E	M	Y	O	D	C	L	V
A	R	T	R	U	A	M	V	P	I	E	R	A	E
D	I	E	M	A	E	R	M	P	T	R	A	D	E
E	L	I	N	E	S	K	I	A	O	O	I	I	M
C	E	O	W	E	I	P	I	H	M	B	N	T	P
M	G	O	V	O	L	U	N	T	E	E	R	A	K
I	S	B	A	S	S	I	G	N	M	E	N	T	M
S	I	D	E	K	I	C	K	B	A	D	G	E	R

SIDEKICK  
 BORED  
 ORANGE CAPE  
 TIDAL WAVE  
 ARMOR  
 EMOTIONS  
 SIDEKICK BADGE  
 VOLUNTEER  
 BOARD GAMES  
 EMMA  
 SMILE  
 UPSET  
 ASSIGNMENT  
 HAPPY  
 POSITIVE

# Sunny's Toy Drive

O	S	B	E	Y	D	O	N	A	T	I	O	N	S
T	E	A	V	S	C	H	O	O	L	S	N	P	Y
O	C	S	U	M	M	E	R	B	A	S	H	O	E
O	R	O	S	B	A	C	K	P	A	C	K	T	S
L	E	C	D	T	T	O	E	E	D	M	O	Y	L
B	T	S	L	B	B	B	S	A	R	Y	O	E	I
O	I	E	C	P	E	T	Y	C	C	T	K	E	C
X	D	M	G	T	C	H	I	L	D	L	I	F	E
B	E	A	T	O	C	D	O	P	E	N	N	Y	T
A	N	G	T	S	N	S	S	V	R	S	S	A	D
D	T	Y	N	A	E	T	O	Y	C	H	E	S	T
G	I	S	E	T	O	Y	D	R	I	V	E	L	R
E	T	A	V	T	M	I	I	C	H	Y	E	M	S
A	Y	M	E	S	U	M	M	E	R	C	A	T	O

TOY CLOSET  
 TOY CHEST  
 CHILD LIFE  
 SUMMER  
 SCHOOL  
 SECRET IDENTITY  
 SUMMER BASH  
 GAMES  
 TOOL BOX BADGE  
 PENNY  
 EVENT  
 DONATIONS  
 TOY DRIVE  
 TOYS  
 BACKPACK

# The New Captain Hopes

D	N	H	I	G	H	S	C	H	O	O	L	P	O
T	D	L	R	O	W	Y	E	N	S	I	D	I	W
D	S	T	B	A	L	A	N	C	E	I	E	H	C
H	D	O	E	K	I	D	S	O	D	M	E	L	I
T	R	A	N	S	F	O	R	M	A	T	I	O	N
A	J	A	S	I	P	R	O	U	D	O	G	N	F
S	E	V	A	L	E	R	I	E	F	U	N	D	U
E	M	A	K	E	A	W	I	S	H	R	R	E	N
N	P	U	D	E	R	E	E	H	C	L	H	D	D
T	E	D	A	T	H	C	T	A	W	S	P	H	R
R	E	A	C	G	O	O	D	J	O	B	N	E	A
R	K	O	R	D	O	P	H	E	L	P	E	C	I
T	N	E	M	T	A	E	R	T	E	O	I	P	S
R	W	A	H	H	E	L	P	E	R	S	I	H	E

TREATMENT  
 VALERIE FUND  
 CHEERED UP  
 TRANSFORMATION  
 BALANCE  
 HELP  
 HELPERS  
 PROUD  
 WATCH  
 GOOD JOB  
 KIDS  
 DISNEY WORLD  
 MAKE A WISH  
 HIGH SCHOOL  
 FUNDRAISE

# Captain Hope and Valerie Walk

E	V	R	O	V	O	I	P	B	P	A	R	K	L
V	B	R	E	I	R	E	L	A	V	I	E	V	R
E	E	P	T	T	W	A	L	K	M	N	R	M	U
K	T	K	E	F	E	T	M	D	M	U	V	E	L
O	R	A	P	I	F	O	V	M	N	F	R	T	M
N	M	O	E	U	T	B	A	N	N	E	R	K	V
T	N	A	N	T	R	E	M	M	U	S	V	I	A
V	V	T	I	Y	O	E	L	B	J	E	A	L	V
F	E	K	N	L	P	A	I	L	P	U	E	O	E
K	U	R	A	I	H	R	F	K	E	L	N	M	R
I	M	K	R	M	Y	A	E	M	U	R	T	E	O
D	R	A	R	A	T	A	I	V	I	L	M	T	N
A	I	I	F	F	R	M	E	E	I	E	O	E	A
M	M	E	A	H	F	I	T	R	A	F	H	R	A

KILOMETER  
 FIVE  
 WALK  
 TROPHY  
 BANNER  
 FAMILY  
 PARK  
 VERONA  
 TVF KID  
 FUN  
 RUN  
 TEAM  
 JUNE  
 VALERIE  
 SUMMER

# Sunny Makes a Pizza

C	E	P	E	P	E	R	O	N	I	C	A	N	L
R	T	L	I	S	A	B	A	O	E	C	E	R	E
U	O	M	A	A	B	E	Y	M	M	U	Y	O	V
S	M	T	P	I	N	I	C	O	E	H	A	I	G
T	A	L	N	E	Z	L	S	H	L	T	O	L	M
E	T	U	O	A	O	E	E	Y	T	E	Z	E	O
C	O	E	P	H	P	O	E	S	E	P	M	C	Z
Z	O	R	O	I	T	K	A	O	D	L	E	U	Z
S	I	N	Z	V	A	H	G	V	N	M	Y	A	E
V	D	Z	L	B	E	S	A	E	Z	A	A	S	R
E	A	O	G	D	T	N	E	K	A	P	Y	H	E
E	E	A	U	C	I	E	S	E	E	H	C	E	L
K	I	T	H	G	I	N	S	L	I	C	E	E	L
U	H	E	U	O	H	H	T	E	E	E	H	B	A

OVEN  
 BASIL  
 MELTED  
 CRUST  
 YUMMY  
 PIZZA  
 MOZZERELLA  
 NIGHT  
 SLICE  
 BAKE  
 TOMATO  
 CHEESE  
 DOUGH  
 PEPPERONI  
 SAUCE

# Emma and the Talent Show

E	E	S	T	I	E	C	A	I	R	N	A	I	W
C	C	M	I	E	I	C	P	N	T	T	P	E	O
N	T	C	U	U	A	A	P	L	A	U	N	N	A
E	M	M	R	A	P	M	L	C	E	A	H	N	P
I	E	C	P	D	R	E	A	S	C	S	R	T	A
D	M	U	A	A	A	R	U	U	A	S	H	U	G
U	V	R	A	N	C	A	S	C	U	C	D	O	T
A	M	T	S	C	T	E	E	O	U	I	R	N	W
S	T	A	G	E	I	U	V	T	T	A	E	S	A
S	P	I	S	R	C	R	M	O	N	L	P	T	E
A	S	N	A	S	E	E	R	U	A	A	C	H	N
I	A	H	E	N	E	I	N	T	S	T	D	G	A
D	P	D	I	A	U	C	I	E	R	I	T	I	U
E	U	E	S	M	O	V	E	S	R	P	C	L	S

- SHOW
- LIGHTS
- CAMERA
- APPLAUSE
- MUSIC
- PRACTICE
- ANNUAL
- NERVOUS
- STAGE
- MOVES
- TALENT
- AUDIENCE
- DANCE
- CURTAIN
- AUDITORIUM

# Weekly Calendar

D	K	L	C	S	B	A	M	A	Z	I	N	G	R
N	E	P	F	R	H	A	P	P	Y	Z	I	F	G
G	E	S	E	M	A	G	D	R	A	O	B	I	T
G	W	F	A	D	L	B	N	D	T	S	E	F	S
D	I	H	L	R	L	G	D	O	G	S	C	C	V
D	K	I	D	S	T	A	V	R	E	W	I	L	P
C	H	I	L	D	L	I	F	E	D	A	S	O	R
R	A	F	W	A	T	M	K	U	P	E	U	W	R
B	S	K	C	I	R	T	C	I	G	A	M	N	E
I	M	F	U	N	K	E	T	N	E	S	N	N	B
A	I	N	S	I	R	G	N	S	T	I	S	I	V
Y	N	G	E	V	S	A	G	C	C	K	A	K	C
S	E	L	F	F	A	W	N	A	I	G	L	E	B
Y	P	A	R	E	H	T	H	I	F	O	T	A	L

MAGIC TRICKS  
 HAPPY  
 DOGS  
 VISITS  
 ART  
 CHILD LIFE  
 MUSIC  
 AMAZING  
 BELGIAN WAFFLES  
 KIDS  
 THERAPY  
 FUN  
 BOARD GAMES  
 CLOWN  
 WEEK

# Emma and the Missing Puzzle Piece

R	H	C	C	C	M	I	S	S	I	N	G	B	O
D	P	I	A	E	D	L	T	G	S	D	N	E	Z
U	L	U	T	D	E	U	E	H	O	B	B	Y	N
U	C	I	Z	A	T	N	E	L	D	B	L	G	E
L	D	D	U	Z	E	D	T	I	U	P	D	N	T
E	L	L	E	B	L	C	E	K	O	A	R	I	L
I	L	O	S	T	P	E	M	E	B	E	A	H	E
S	A	O	E	S	M	B	I	D	C	G	O	C	R
N	I	M	O	O	O	E	G	E	E	O	B	R	U
A	I	E	L	O	C	A	I	Y	I	L	D	A	T
Y	J	N	E	S	M	P	L	A	S	T	R	E	C
S	S	J	A	E	B	B	O	L	A	E	A	S	I
N	R	O	O	U	I	O	Z	B	M	S	C	I	P
E	D	Y	E	R	B	C	X	Y	B	D	I	O	E

PUZZLE  
 BOX  
 PIECE  
 MISSING  
 GAME  
 CARDBOARD  
 ENJOY  
 BUILD  
 LAST  
 HOBBY  
 PICTURE  
 SEARCHING  
 LOST  
 COMPLETED  
 LIKED

# The Search for the Missing Mini Soda

C	C	D	C	D	E	L	N	F	S	N	B	A	C
A	I	K	A	B	R	B	A	U	D	N	U	E	A
R	I	R	Y	U	B	I	I	S	T	V	B	A	R
C	L	I	I	F	O	U	N	D	Y	S	B	T	B
A	N	S	N	N	T	O	F	K	E	O	L	G	O
F	N	T	I	R	D	E	T	L	I	N	Y	R	N
E	I	I	M	H	H	H	T	E	E	L	D	O	A
T	I	N	I	G	S	T	O	R	E	C	A	C	T
E	C	A	N	S	O	U	S	A	A	D	O	E	E
R	F	G	D	B	E	N	R	U	O	G	C	R	D
I	F	A	N	T	G	B	U	S	E	B	O	I	Y
A	E	D	A	C	R	A	V	I	N	G	B	E	M
N	K	D	I	T	O	E	T	B	I	A	C	S	F
K	I	T	C	H	E	N	E	T	T	E	R	I	D

CANS  
 STORE  
 BOTTLES  
 BUBBLY  
 CAFETERIA  
 BUY  
 GROCERIES  
 DRINK  
 CRAVING  
 MINI  
 KITCHENETTE  
 FOUND  
 KRISTIN  
 CARBONATED  
 SODA

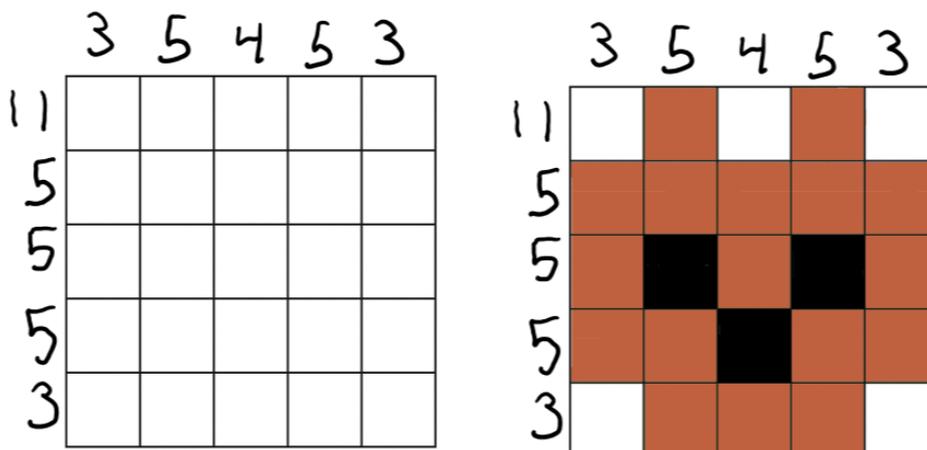
## PIXEL ART PUZZLES:

- ★ 6x6 Grid: A Place to Change.....54
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- ★ 10x10 Grid: A Refreshing Treat.....58
- ★ 11x11 Grid: Emma's Pet.....59
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- ★ 14x14 Grid: Emma's Favorite Holiday.....62
- ★ 15x15 Grid: Sunny's Favorite Weather.....63

## Instructions:

Each number represents the number of colored pixels in a row/column. If there are two or more numbers next to each other that means that there is at least one empty space between the colored pixels. For example, if there is a 2 and a 1 that means there are 2 colored pixels, at least one space, and then one colored pixel as seen below. If the two numbers have a line connecting them then it means that it is a double-digit number like eleven. Below is a sample puzzle and its answer key. You can mark spaces that you think are empty with an "x". It's a good idea to use a pencil for this activity and then color it in!  
(Answers on p. 82)

### 5x5 Grid: A Soft and Cuddly Friend (Answer: Teddy Bear)



## 6x6 Grid: A Place to Change

Find Sunny a private place to transform into Captain Hope!

2 4 6 6 4 2

2						
4						
6						
6						
4						
2						

## 7x7 Grid: Build a Toy

Help build a toy for the kids to play with while waiting!

	1	2	3	7	3	2	1
3							
5							
5							
1							
7							
5							
3							

# 8x8 Grid: Sunny's Favorite Animal

Help find Sunny's favorite animal!

Handwritten numbers above the grid: 2 3 3 3 8 8 2 1

Handwritten numbers to the left of the grid: 2 4 5 2 7 6 4 2


# 9x9 Grid: Ice Cream Topping

Help make a topping for Emma's ice cream!

Handwritten numbers above the grid:

2 2 1 1 1 1 2  
2 2 6 2 2 2 2 6 2

Handwritten numbers to the left of the grid:

4  
1  
1 1  
1 1 3  
3 1  
2 2  
1 2 1 2  
4 4  
2 2


# 10x10 Grid: A Refreshing Treat

Help make a refreshing treat for The Valerie Walk!

Handwritten numbers above the grid: 1 3 5 3 5 3 4 9 7 5

Handwritten numbers above the grid: 2 1 4 2

Handwritten numbers above the grid: 2 1 4 2

Handwritten numbers to the left of the grid: 2 1 4 2


# 11x11 Grid: Emma's Pet

Help Emma find a good pet!

Handwritten numbers around an 11x11 grid:


Top row numbers: 4 1 2 1 2 1 1 2 2 1 4

Second row numbers: 1 1 1 1 1 2

Left side numbers (row by row): 5, 1 1, 7, 1 1, 1 2 1, 1 4 1, 1 7 1, 1 2 1, 9, 7, 5



# 13x13 Grid: Sunny's Snack

Help Sunny get a snack!

2 2 2 7 4 1 4 7 2 2 2  
1 3 6 5 3 6 2 6 3 5 6 3 1

3 13												
4 14												
7												
5												
9												
11												
2 1 1 2												
11												
2 1 1 2												
9												
3 3												
7												
3												





# MAZES

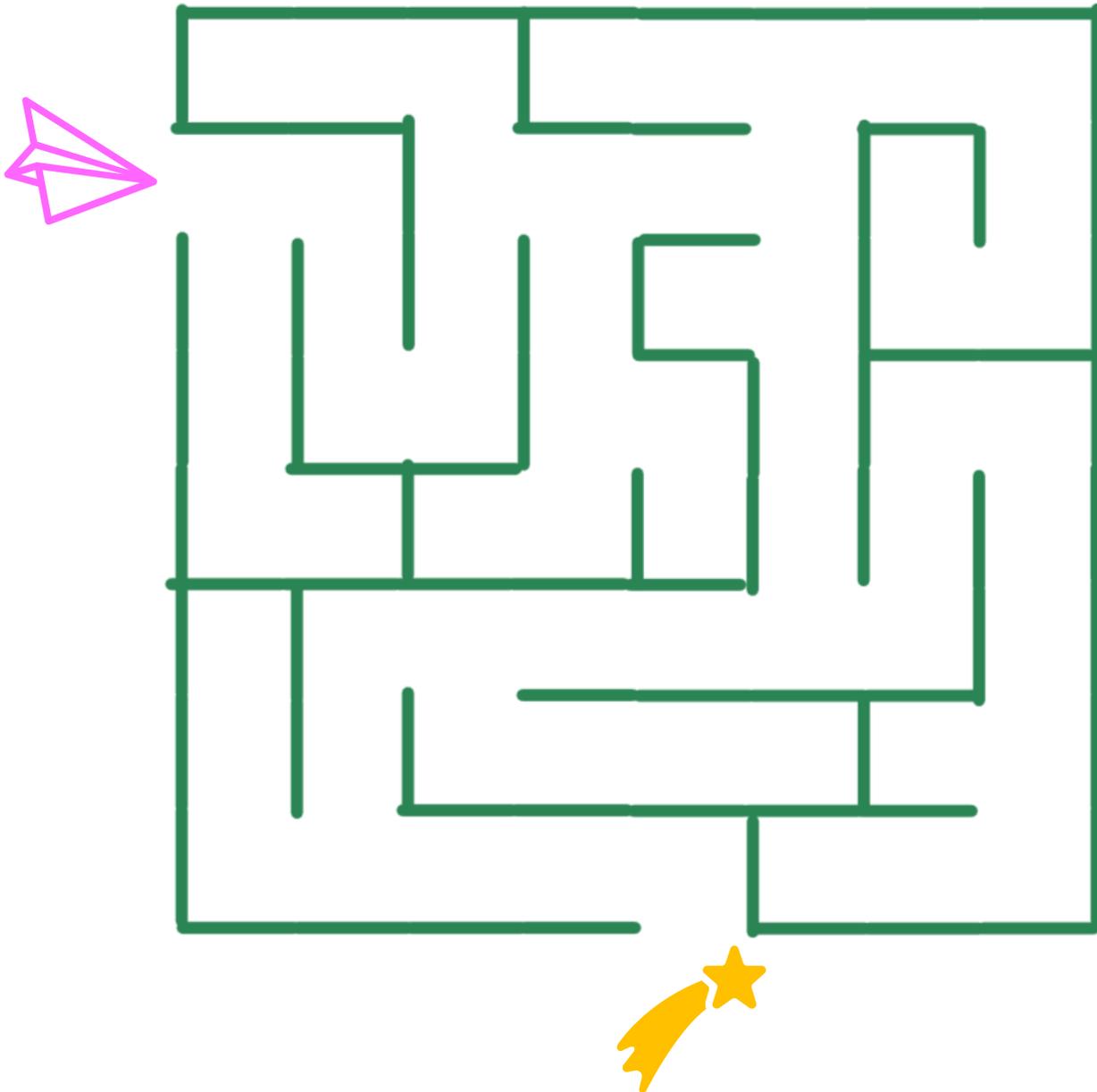
- ★ Captain Hope Wishes on a Star: Level 1.....65
- ★ Captain Hope & the Zofran Jam: Level 2.....66
- ★ Captain Hope’s Sidekick: Level 3.....67
- ★ Sunny’s Toy Drive: Level 4.....68
- ★ Captain Hope & The Valerie Walk: Level 5..69
- ★ Sunny Makes a Pizza: Level 6.....70
- ★ Emma & the Talent Show: Level 7.....71
- ★ Emma & the Missing Puzzle Piece: Level 8....72
- ★ Captain Hope & the Missing Soda: Level 9....73
- ★ The New Captain Hopes: Level 10.....74

## Instructions:

Help the gang through a series of adventures! The entrance for each maze is on the left and the exit is on the bottom. For maze 6, the entrance is above the exit. (Answer are on p. 86)

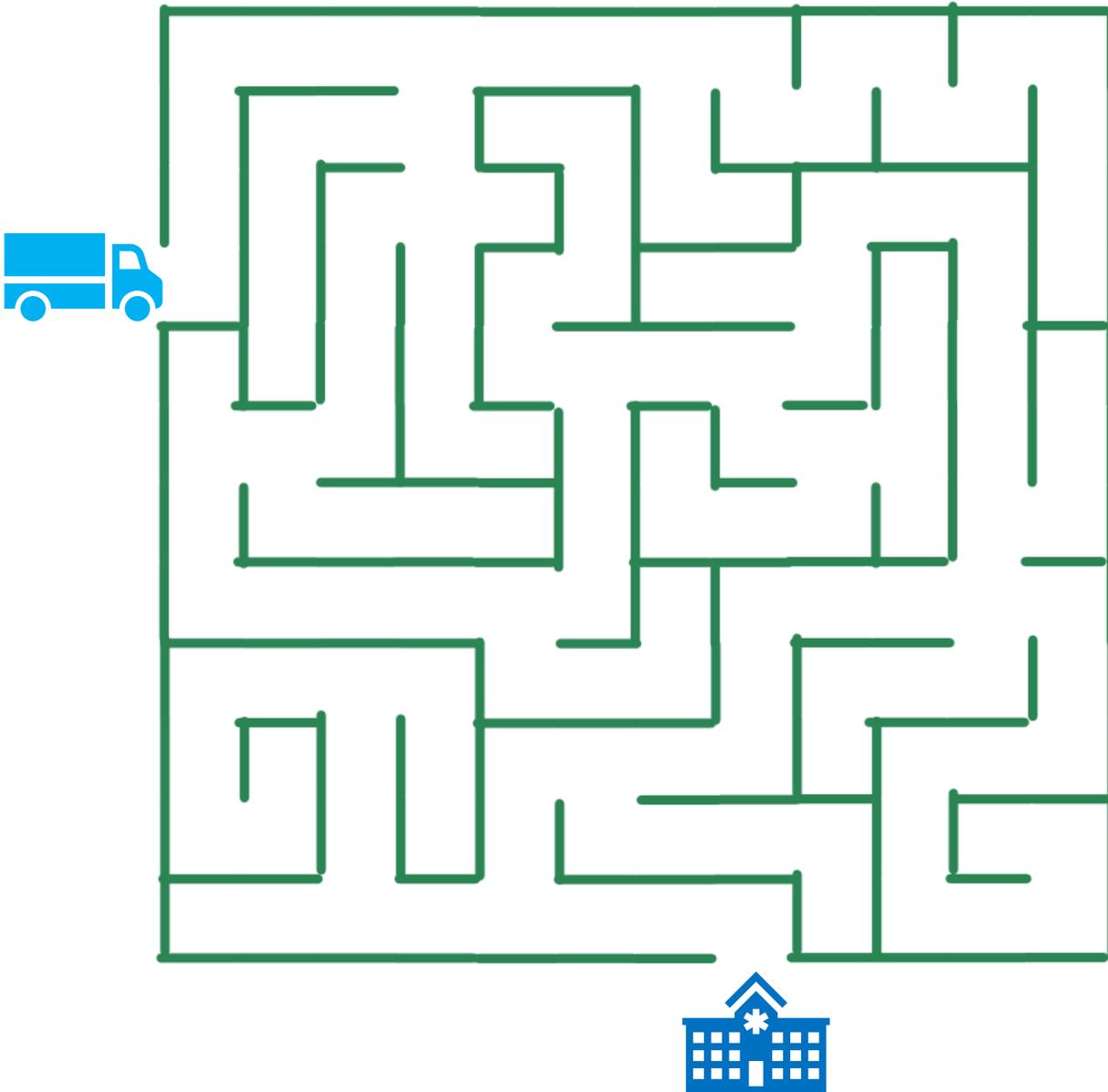
# Captain Hope Wishes on a Star: Level 1

Help Sunny's wish get to the shooting star!



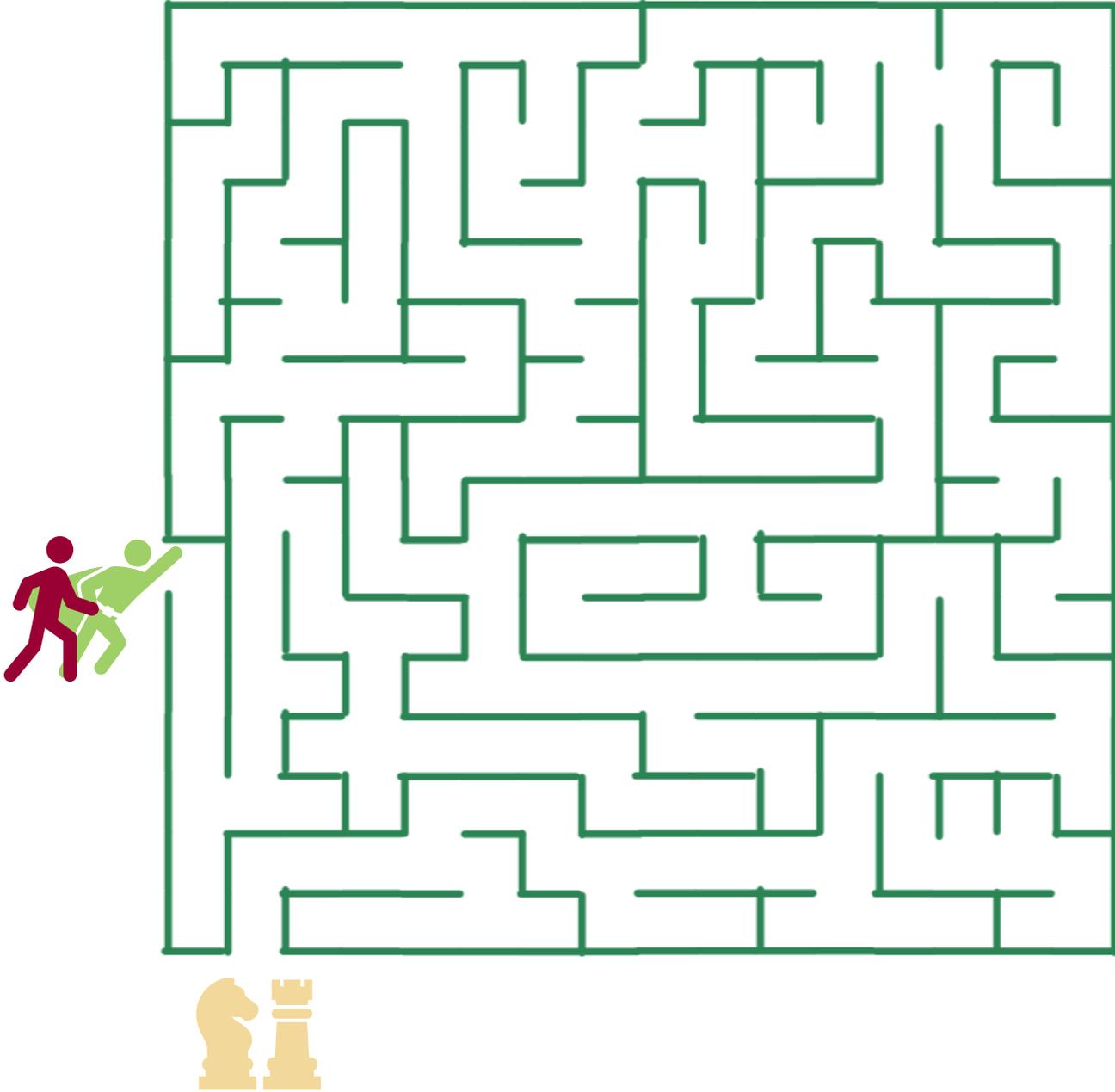
# Captain Hope and the Zofran Jam

Help Captain Hope get the Truck to the Hospital!



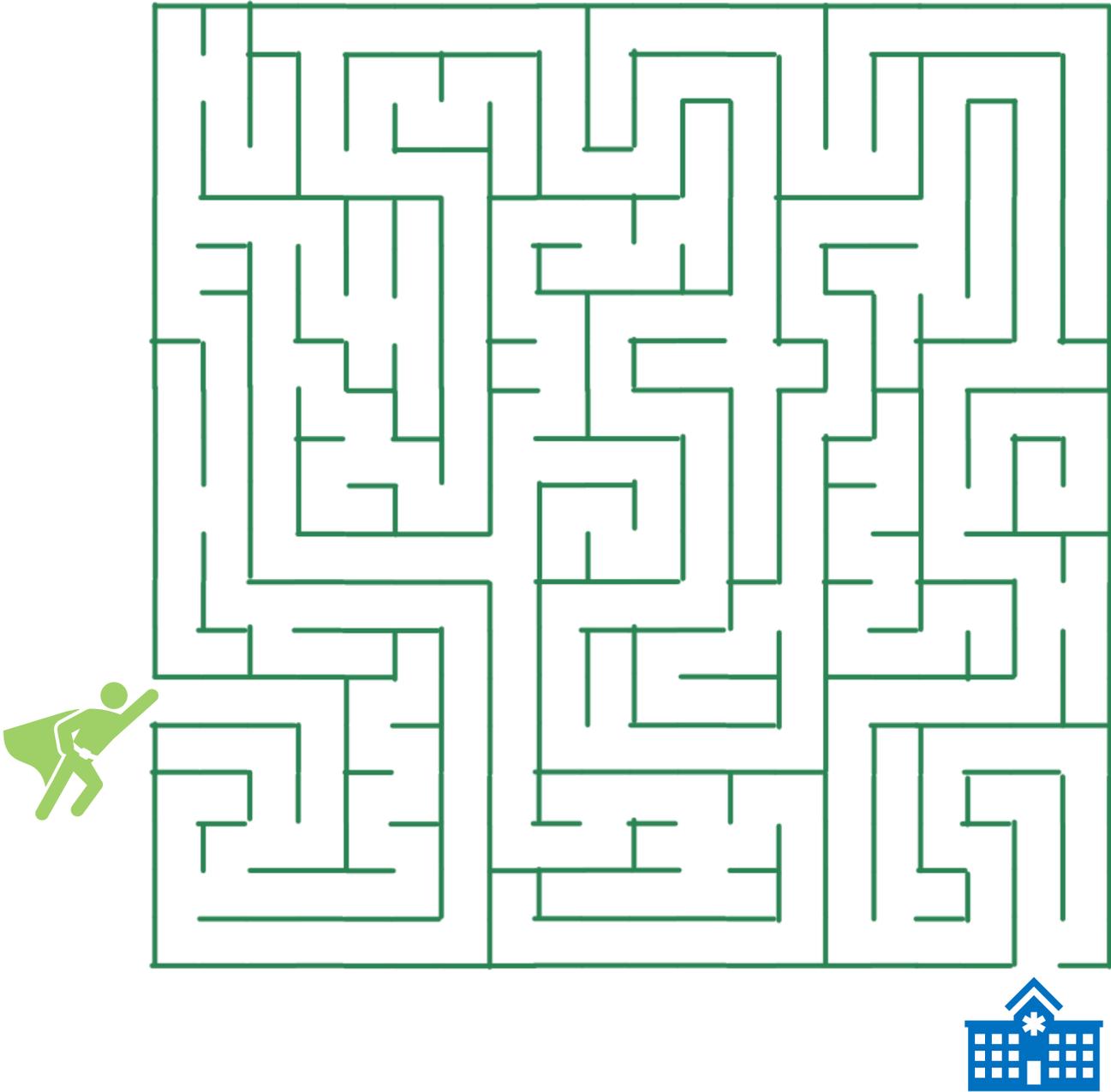
## Captain Hope's Sidekick: Level 3

Help Captain Hope and Emma play boardgames!



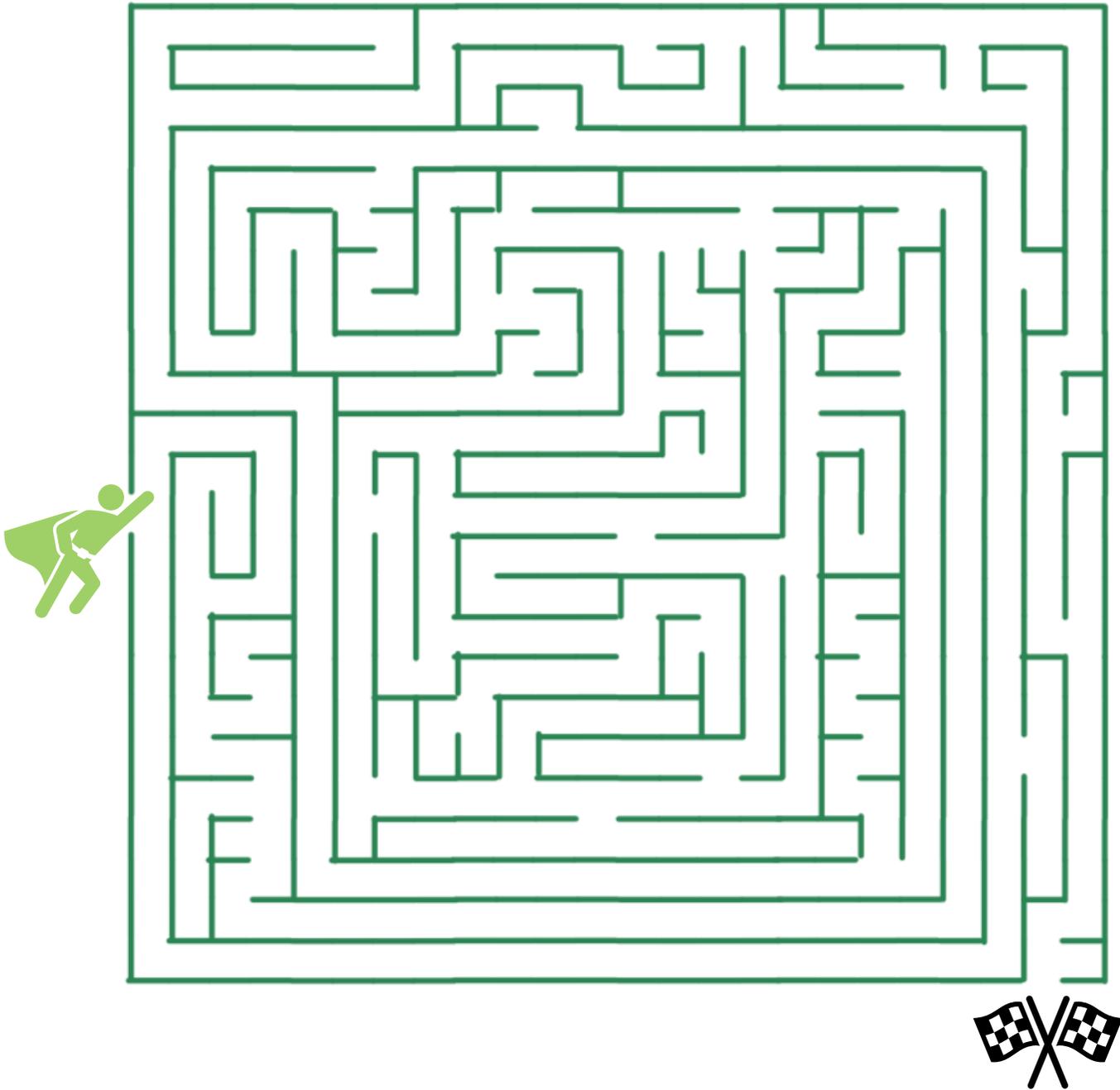
# Sunny's Toy Drive: Level 4

Help Captain Hope get the toys to the hospital!



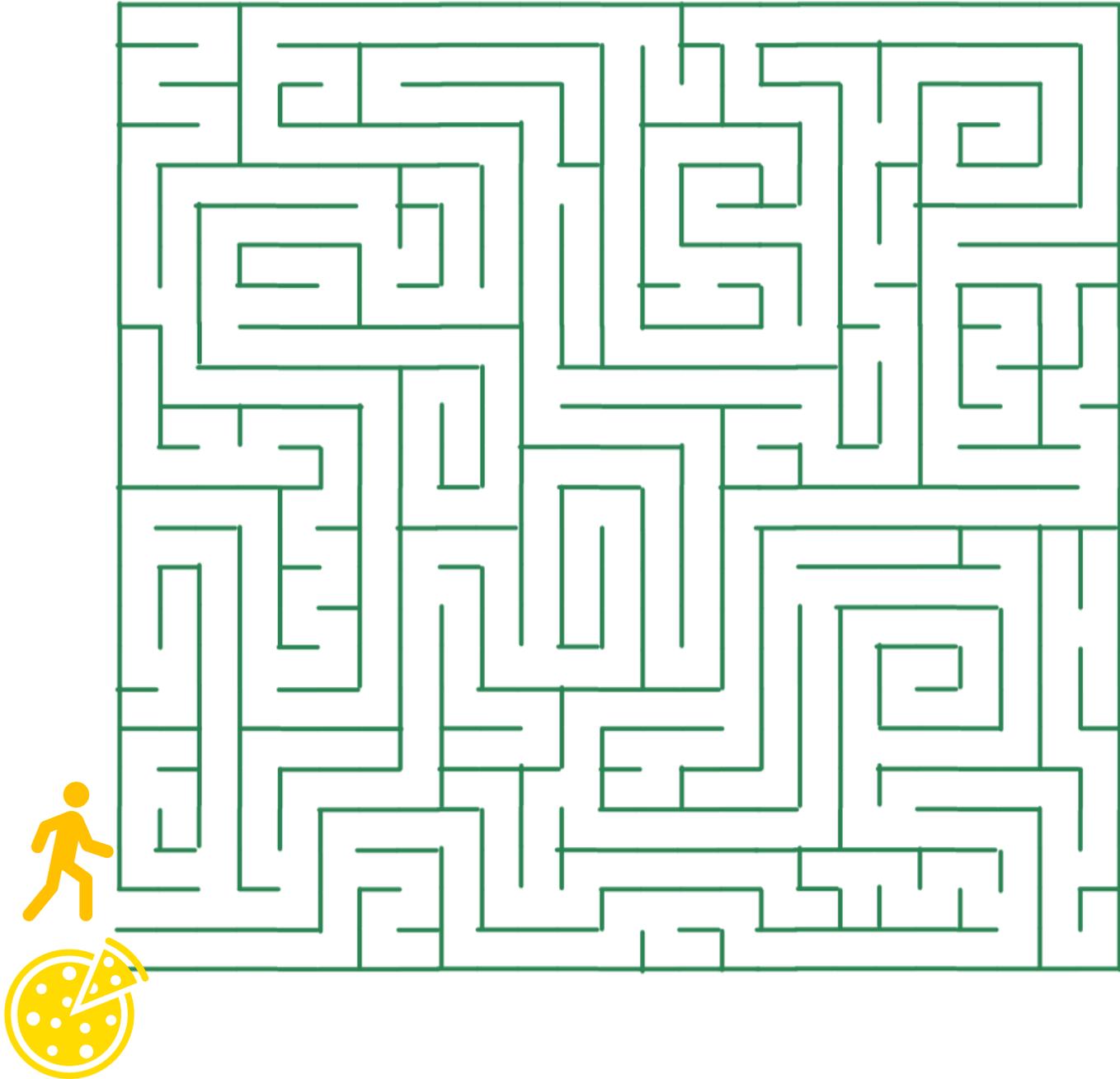
# Captain Hope and The Valerie Walk: Level 5

Help Captain Hope complete the 5k walk!



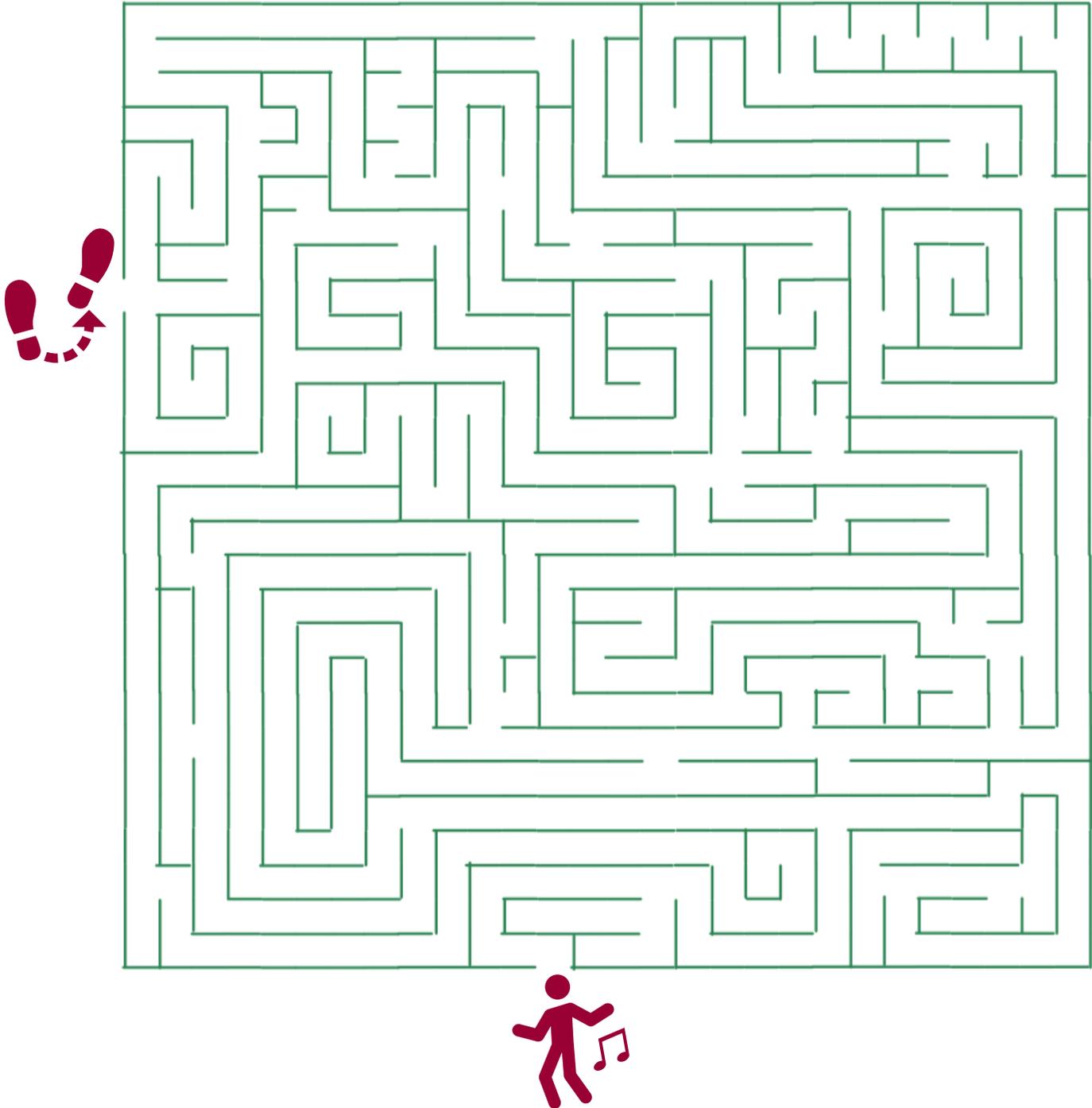
# Sunny Makes a Pizza: Level 6

Help Sunny pick up a pizza from the pizzeria!



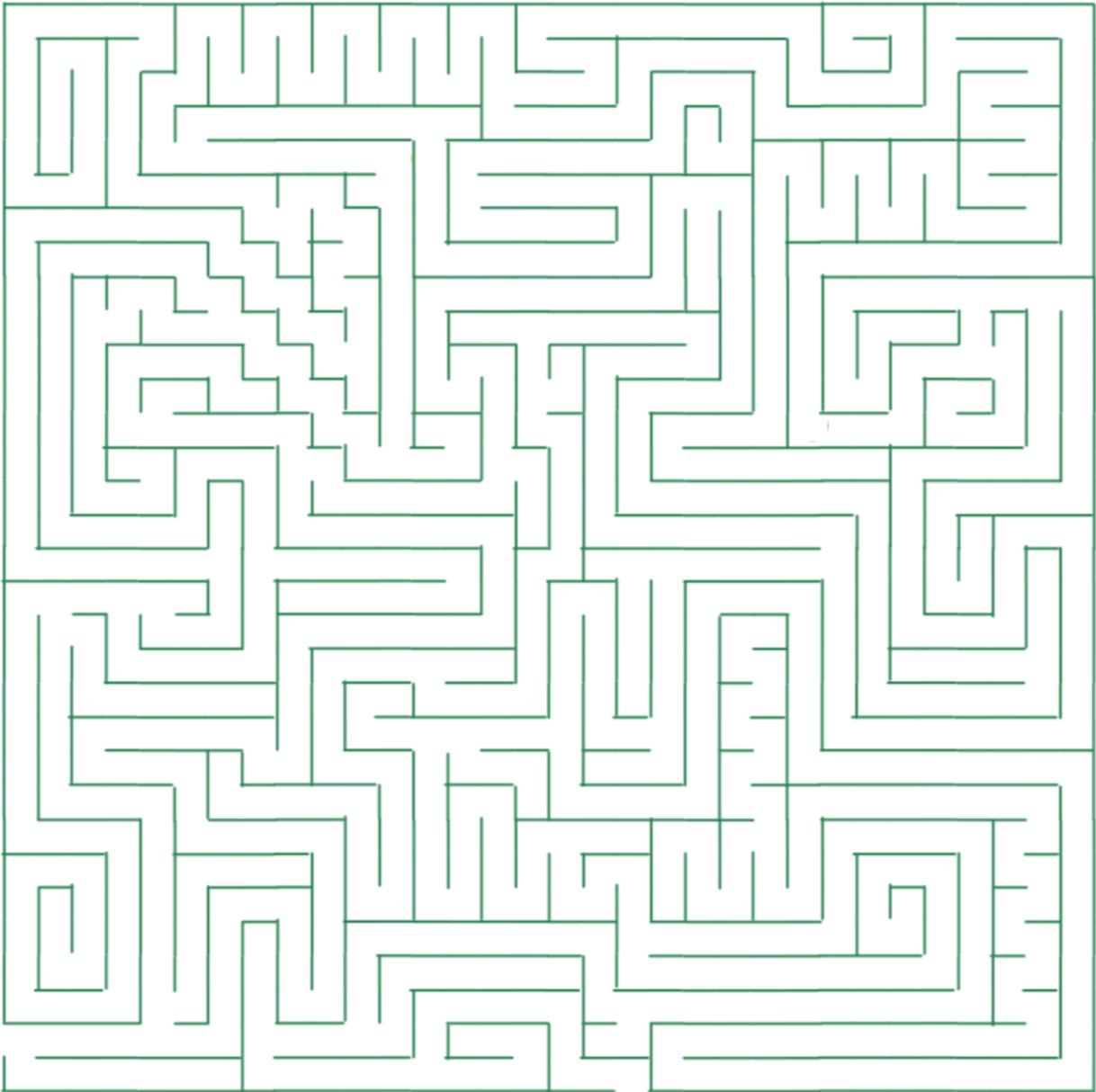
# Emma and the Talent Show: Level 7

Help Emma dance across the stage!



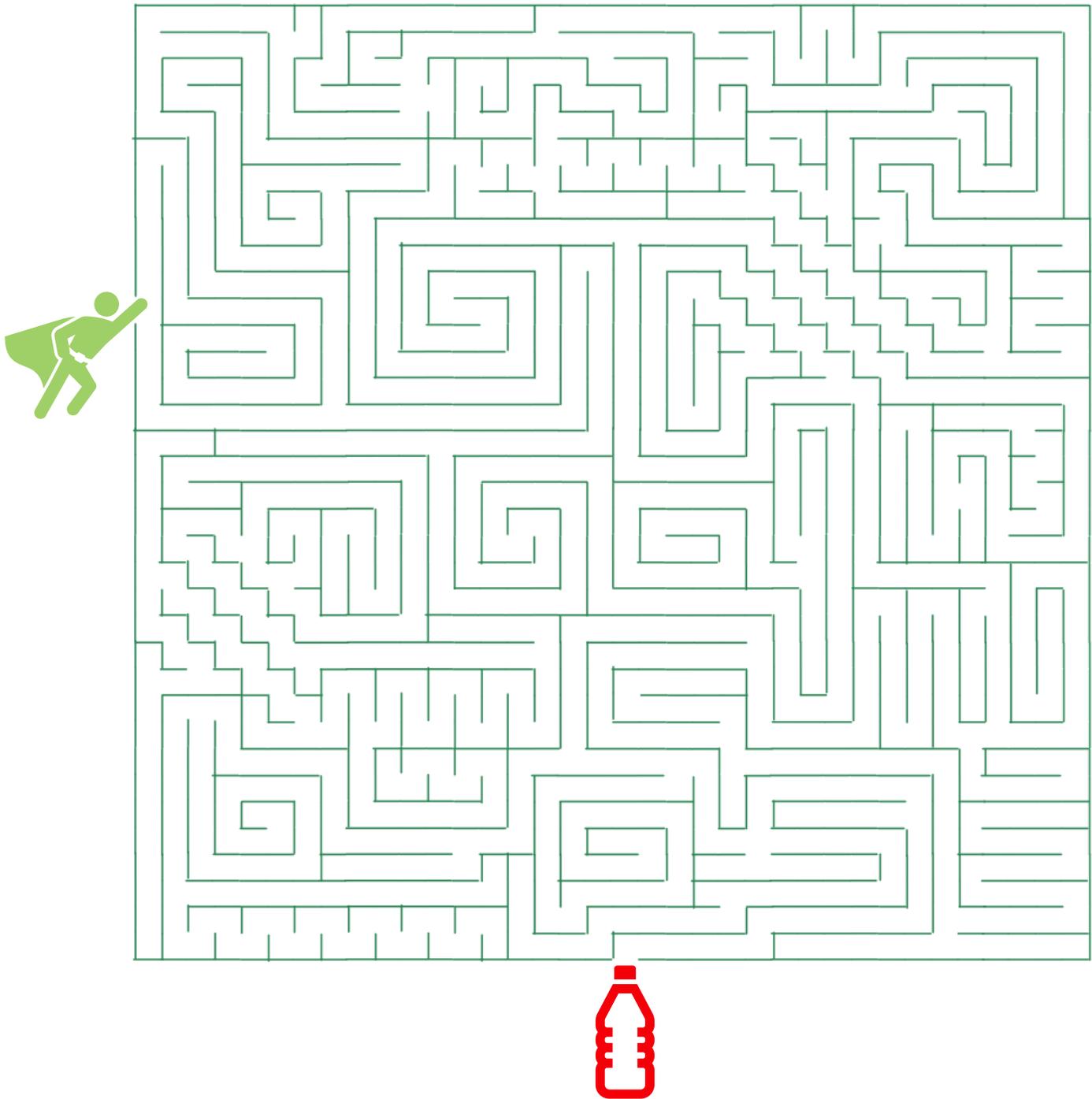
# Emma and the Missing Puzzle Piece: Level 8

Help Emma find the missing puzzle piece!



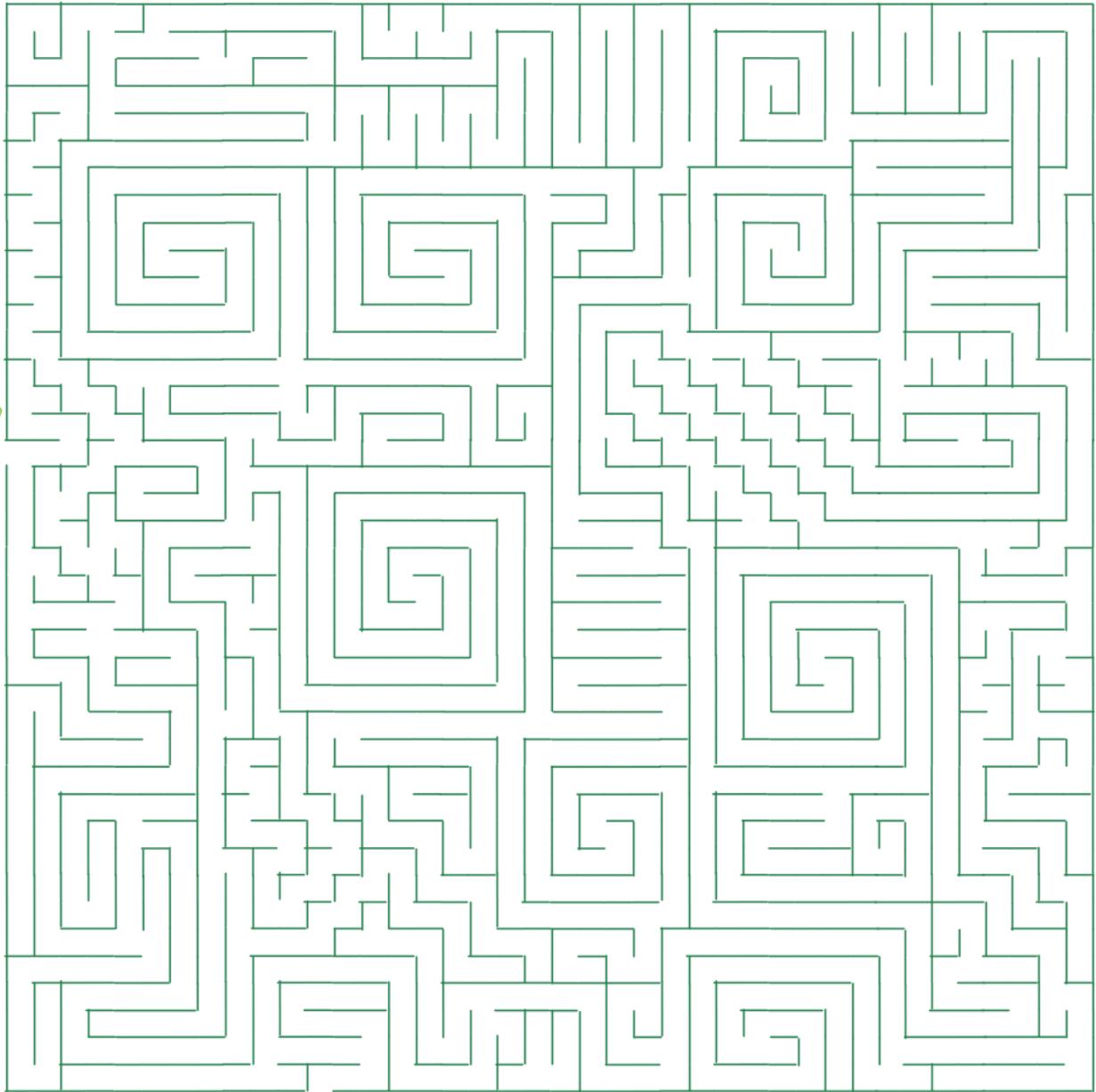
# Captain Hope and the Missing Soda: Level 9

Help Captain Hope find the soda!



# The New Captain Hopes: Level 10

Help the new Captain Hopes spread happiness and joy!



# ANSWER KEYS:

## WORD SEARCHES:

★ Captain Hope Wishes on a Star.....	76
★ Captain Hope and the Zofran Jam.....	76
★ Captain Hope’s Sidekick.....	77
★ Sunny’s Toy Drive.....	77
★ The New Captain Hopes.....	78
★ Captain Hope and The Valerie Fund.....	78
★ Sunny Makes a Pizza.....	79
★ Emma and the Talent Show.....	79
★ Weekly Calendar.....	80
★ Emma and the Missing Puzzle Piece.....	80
★ The Search for the Missing Mini Soda.....	81

## Captain Hope Wishes on a Star

O	L	E	P	E	I	R	E	L	A	V	D	A	O
M	A	P	W	O	N	D	E	R	F	U	L	E	V
A	A	R	S	R	I	E	Y	A	A	R	E	M	U
R	T	G	E	O	P	C	E	P	E	P	C	O	D
T	I	D	E	A	E	E	T	R	P	E	A	N	R
I	P	L	A	N	E	T	V	E	G	L	P	O	E
A	H	S	T	R	O	N	G	O	R	N	T	P	A
N	E	E	Y	A	N	P	E	E	L	S	A	O	M
R	R	A	I	A	X	N	N	T	O	R	I	L	E
Y	M	G	F	E	L	P	R	T	U	G	N	Y	P
N	E	S	U	P	E	R	H	E	R	O	H	S	P
N	T	R	A	T	S	G	N	I	T	O	O	H	S
U	T	A	O	H	X	N	U	L	E	X	P	E	R
S	S	N	E	E	E	R	P	A	S	V	E	A	E

- SLEEP
- SUNNY
- SHOOTING STAR
- MARTIAN
- ULEX
- GREEN
- MONOPOLY
- WONDERFUL
- DREAM
- SUPERHERO
- PLANET
- STRONG
- CENTER
- CAPTAIN HOPE
- VALERIE

## Captain Hope and the Zofran Jam

E	I	F	L	Y	I	N	G	T	R	I	I	A	I
T	B	T	A	U	I	T	T	S	M	T	T	T	B
A	D	V	E	N	T	U	R	E	O	L	D	W	V
L	N	E	B	R	A	U	T	O	O	N	R	F	U
G	A	B	A	D	G	E	V	K	R	O	I	A	T
N	S	H	G	G	L	W	G	B	G	C	V	N	I
I	Z	T	O	I	E	H	T	D	N	I	I	R	L
N	O	N	R	H	A	E	R	J	I	F	N	H	I
N	F	N	B	E	T	L	U	O	T	F	G	I	T
U	R	E	S	I	N	P	C	B	I	A	L	G	Y
R	A	E	G	V	R	G	K	A	A	R	R	H	B
I	N	S	W	I	G	R	T	H	W	T	A	W	E
O	H	N	E	D	A	A	G	H	B	V	I	A	L
T	H	J	I	H	T	H	T	B	R	R	N	Y	T

- STRENGTH
- UTILITY BELT
- TRAFFIC
- FLYING
- RAIN
- WAITING ROOM
- BADGE
- TRUCK
- ZOFRAN
- HELP
- HIGHWAY
- RUNNING LATE
- JOB
- DRIVING
- ADVENTURE

## Captain Hope's Sidekick

B	A	O	R	A	N	G	E	C	A	P	E	O	P
M	K	B	O	A	R	D	G	A	M	E	S	A	O
A	Y	M	O	R	G	R	E	M	A	S	E	E	S
T	I	K	C	I	K	E	D	I	S	S	E	V	I
L	E	I	B	E	L	I	M	S	S	A	N	A	T
E	A	S	P	P	E	P	D	A	N	K	U	W	I
E	O	E	P	S	E	E	M	Y	O	D	C	L	V
A	R	T	R	U	A	M	V	P	I	E	R	A	E
D	I	E	M	A	E	R	M	P	T	R	A	D	E
E	L	I	N	E	S	K	I	A	O	O	I	I	M
C	E	O	W	E	I	P	I	H	M	B	N	T	P
M	G	O	V	O	L	U	N	T	E	E	R	A	K
I	S	B	A	S	S	I	G	N	M	E	N	T	M
S	I	D	E	K	I	C	K	B	A	D	G	E	R

- SIDEKICK
- BORED
- ORANGE CAPE
- TIDAL WAVE
- ARMOR
- EMOTIONS
- SIDEKICK BADGE
- VOLUNTEER
- BOARD GAMES
- EMMA
- SMILE
- UPSET
- ASSIGNMENT
- HAPPY
- POSITIVE

## Sunny's Toy Drive

O	S	B	E	Y	D	O	N	A	T	I	O	N	S
T	E	A	V	S	C	H	O	O	L	S	N	P	Y
O	C	S	U	M	M	E	R	B	A	S	H	O	E
O	R	O	S	B	A	C	K	P	A	C	K	T	S
L	E	C	D	T	T	O	E	E	D	M	O	Y	L
B	T	S	L	B	B	B	S	A	R	Y	O	E	I
O	I	E	C	P	E	T	Y	C	C	T	K	E	C
X	D	M	G	T	C	H	I	L	D	L	I	F	E
B	E	A	T	O	C	D	O	P	E	N	N	Y	T
A	N	G	T	S	N	S	S	V	R	S	S	A	D
D	T	Y	N	A	E	T	O	Y	C	H	E	S	T
G	I	S	E	T	O	Y	D	R	I	V	E	L	R
E	T	A	V	T	M	I	I	C	H	Y	E	M	S
A	Y	M	E	S	U	M	M	E	R	C	A	T	O

- TOY CLOSET
- TOY CHEST
- CHILD LIFE
- SUMMER
- SCHOOL
- SECRET IDENTITY
- SUMMER BASH
- GAMES
- TOOL BOX BADGE
- PENNY
- EVENT
- DONATIONS
- TOY DRIVE
- TOYS
- BACKPACK

# The New Captain Hopes

D	N	H	I	G	H	S	C	H	O	O	L	P	O
T	D	L	R	O	W	E	N	S	I	D	I	W	
D	S	T	B	A	L	A	N	C	E	I	E	H	C
H	D	O	E	K	I	D	S	O	D	M	E	L	I
T	R	A	N	S	F	O	R	M	A	T	I	O	N
A	J	A	S	I	P	R	O	U	D	O	G	N	F
S	E	V	A	L	E	R	I	E	F	U	N	D	U
E	M	A	K	E	A	W	I	S	H	R	R	E	N
N	P	U	D	E	R	E	E	H	C	L	H	D	D
T	E	D	A	T	H	C	T	A	W	S	P	H	R
R	E	A	C	G	O	O	D	J	O	B	N	E	A
R	K	O	R	D	O	P	H	E	L	P	E	C	I
T	N	E	M	T	A	E	R	T	E	O	I	P	S
R	W	A	H	H	E	L	P	E	R	S	I	H	E

- TREATMENT
- VALERIE FUND
- CHEERED UP
- TRANSFORMATION
- BALANCE
- HELP
- HELPERS
- PROUD
- WATCH
- GOOD JOB
- KIDS
- DISNEY WORLD
- MAKE A WISH
- HIGH SCHOOL
- FUNDRAISE

# Captain Hope and Valerie Walk

E	V	R	O	V	O	I	P	B	P	A	R	K	L
V	B	R	E	I	R	E	L	A	V	I	E	V	R
E	E	P	T	T	W	A	L	K	M	N	R	M	U
K	T	K	E	F	E	T	M	D	M	U	V	E	L
O	R	A	P	I	F	O	V	M	N	F	R	T	M
N	M	O	E	U	T	B	A	N	N	E	R	K	V
T	N	A	N	T	R	E	M	M	U	S	V	I	A
V	V	T	I	Y	O	E	L	B	J	E	A	L	V
F	E	K	N	L	P	A	I	L	P	U	E	O	E
K	U	R	A	I	H	R	F	K	E	L	N	M	R
I	M	K	R	M	Y	A	E	M	U	R	T	E	O
D	R	A	R	A	T	A	I	V	I	L	M	T	N
A	I	I	F	F	R	M	E	E	I	E	O	E	A
M	M	E	A	H	F	I	T	R	A	F	H	R	A

- KILOMETER
- FIVE
- WALK
- TROPHY
- BANNER
- FAMILY
- PARK
- VERONA
- TVF KID
- FUN
- RUN
- TEAM
- JUNE
- VALERIE
- SUMMER

## Sunny Makes a Pizza

C	E	P	E	P	E	R	O	N	I	C	A	N	L
R	T	L	I	S	A	B	A	O	E	C	E	R	E
U	O	M	A	A	B	E	Y	M	U	Y	O	V	
S	M	T	P	I	N	I	C	O	E	H	A	I	G
T	A	L	N	E	Z	L	S	H	L	T	O	L	M
E	T	U	O	A	O	E	E	Y	T	E	Z	E	O
C	O	E	P	H	P	O	E	S	E	P	M	C	Z
Z	O	R	O	I	T	K	A	O	D	L	E	U	Z
S	I	N	Z	V	A	H	G	V	N	M	Y	A	E
V	D	Z	L	B	E	S	A	E	Z	A	A	S	R
E	A	O	G	D	T	N	E	K	A	P	Y	H	E
E	E	A	U	C	I	E	S	E	E	H	C	E	L
K	I	T	H	G	I	N	S	L	I	C	E	E	L
U	H	E	U	O	H	H	T	E	E	E	H	B	A

- OVEN
- BASIL
- MELTED
- CRUST
- YUMMY
- PIZZA
- MOZZERELLA
- NIGHT
- SLICE
- BAKE
- TOMATO
- CHEESE
- DOUGH
- PEPERONI
- SAUCE

## Emma and the Talent Show

E	E	S	T	I	E	C	A	I	R	N	A	I	W
C	C	M	I	E	I	C	P	N	T	T	P	E	O
N	T	C	U	U	A	A	P	L	A	U	N	N	A
E	M	M	R	A	P	M	L	C	E	A	H	N	P
I	E	C	P	D	R	E	A	S	C	S	R	T	A
D	M	U	A	A	A	R	U	U	A	S	H	U	G
U	V	R	A	N	C	A	S	C	U	C	D	O	T
A	M	T	S	C	T	E	E	O	U	I	R	N	W
S	T	A	G	E	I	U	V	T	T	A	E	S	A
S	P	I	S	R	C	R	M	O	N	L	P	T	E
A	S	N	A	S	E	E	R	U	A	A	C	H	N
I	A	H	E	N	E	I	N	T	S	T	D	G	A
D	P	D	I	A	U	C	I	E	R	I	T	I	U
E	U	E	S	M	O	V	E	S	R	P	C	L	S

- SHOW
- LIGHTS
- CAMERA
- APPLAUSE
- MUSIC
- PRACTICE
- ANNUAL
- NERVOUS
- STAGE
- MOVES
- TALENT
- AUDIENCE
- DANCE
- CURTAIN
- AUDITORIUM

# Weekly Calendar

D	K	L	C	S	B	A	M	A	Z	I	N	G	R
N	E	P	F	R	H	A	P	P	Y	Z	I	F	G
G	E	S	E	M	A	G	D	R	A	O	B	I	T
G	W	F	A	D	L	B	N	D	T	S	E	F	S
D	I	H	L	R	L	G	D	O	G	S	C	C	V
D	K	I	D	S	T	A	V	R	E	W	I	L	P
C	H	I	L	D	L	I	F	E	D	A	S	O	R
R	A	F	W	A	T	M	K	U	P	E	U	W	R
B	S	K	C	I	R	T	C	I	G	A	M	N	E
I	M	F	U	N	K	E	T	N	E	S	N	N	B
A	I	N	S	I	R	G	N	S	T	I	S	I	V
Y	N	G	E	V	S	A	G	C	C	K	A	K	C
S	E	L	F	F	A	W	N	A	I	G	L	E	B
Y	P	A	R	E	H	T	H	I	F	O	T	A	L

- MAGIC TRICKS
- HAPPY
- DOGS
- VISITS
- ART
- CHILD LIFE
- MUSIC
- AMAZING
- BELGIAN WAFFLES
- KIDS
- THERAPY
- FUN
- BOARD GAMES
- CLOWN
- WEEK

# Emma and the Missing Puzzle Piece

R	H	C	C	C	M	I	S	S	I	N	G	B	O
D	P	I	A	E	D	L	T	G	S	D	N	E	Z
U	L	U	T	D	E	U	E	H	O	B	B	Y	N
U	C	I	Z	A	T	N	E	L	D	B	L	G	E
L	D	D	U	Z	E	D	T	I	U	P	D	N	T
E	L	L	E	B	L	C	E	K	O	A	R	I	L
I	L	O	S	T	P	E	M	E	B	E	A	H	E
S	A	O	E	S	M	B	I	D	C	G	O	C	R
N	I	M	O	O	O	E	G	E	E	O	B	R	U
A	I	E	L	O	C	A	I	Y	I	L	D	A	T
Y	J	N	E	S	M	P	L	A	S	T	R	E	C
S	S	J	A	E	B	B	O	L	A	E	A	S	I
N	R	O	O	U	I	O	Z	B	M	S	C	I	P
E	D	Y	E	R	B	C	X	Y	B	D	I	O	E

- PUZZLE
- BOX
- PIECE
- MISSING
- GAME
- CARDBOARD
- ENJOY
- BUILD
- LAST
- HOBBY
- PICTURE
- SEARCHING
- LOST
- COMPLETED
- LIKED

# The Search for the Missing Mini Soda

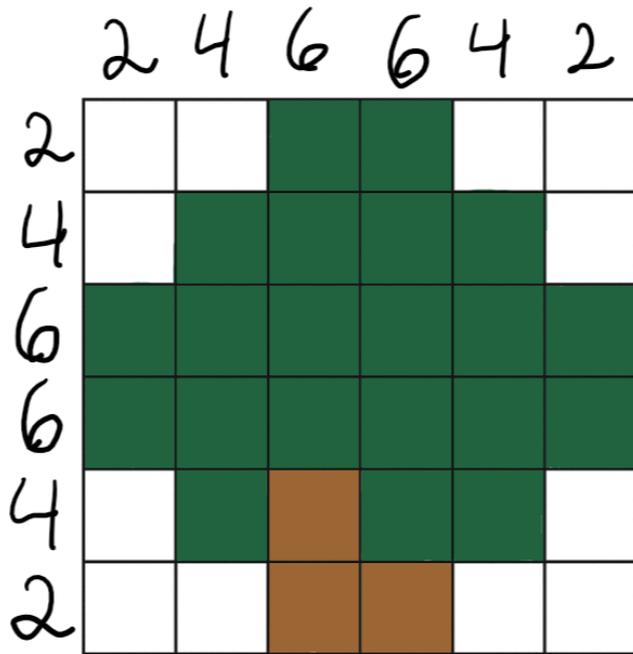
C	C	D	C	D	E	L	N	F	S	N	B	A	C
A	I	K	A	B	R	B	A	U	D	N	U	E	A
R	I	R	Y	U	B	I	I	S	T	V	B	A	R
C	L	I	I	F	O	U	N	D	Y	S	B	T	B
A	N	S	N	N	T	O	F	K	E	O	L	G	O
F	N	T	I	R	D	E	T	L	I	N	Y	R	N
E	I	I	M	H	H	H	T	E	E	L	D	O	A
T	I	N	I	G	S	T	O	R	E	C	A	C	T
E	C	A	N	S	O	U	S	A	A	D	O	E	E
R	F	G	D	B	E	N	R	U	O	G	C	R	D
I	F	A	N	T	G	B	U	S	E	B	O	I	Y
A	E	D	A	C	R	A	V	I	N	G	B	E	M
N	K	D	I	T	O	E	T	B	I	A	C	S	F
K	I	T	C	H	E	N	E	T	T	E	R	I	D

- CANS
- STORE
- BOTTLES
- BUBBLY
- CAFETERIA
- BUY
- GROCERIES
- DRINK
- CRAVING
- MINI
- KITCHENETTE
- FOUND
- KRISTIN
- CARBONATED
- SODA

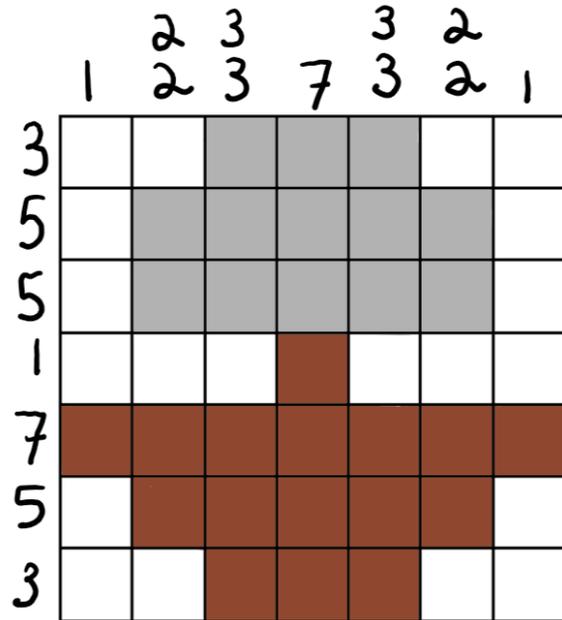
## PIXEL ART PUZZLES:

- ★ 6x6 Grid: A Place to Change.....83
- ★ 7x7 Grid: Build a Toy.....83
- ★ 8x8 Grid: Sunny's Favorite Animal.....83
- ★ 9x9 Grid: Ice Cream Topping.....83
- ★ 10x10 Grid: A Refreshing Treat.....84
- ★ 11x11 Grid: Emma's Pet.....84
- ★ 12x12 Grid: A Warm Drink.....84
- ★ 13x13 Grid: Sunny's Snack.....84
- ★ 14x14 Grid: Emma's Favorite Holiday.....85
- ★ 15x15 Grid: Sunny's Favorite Weather.....85

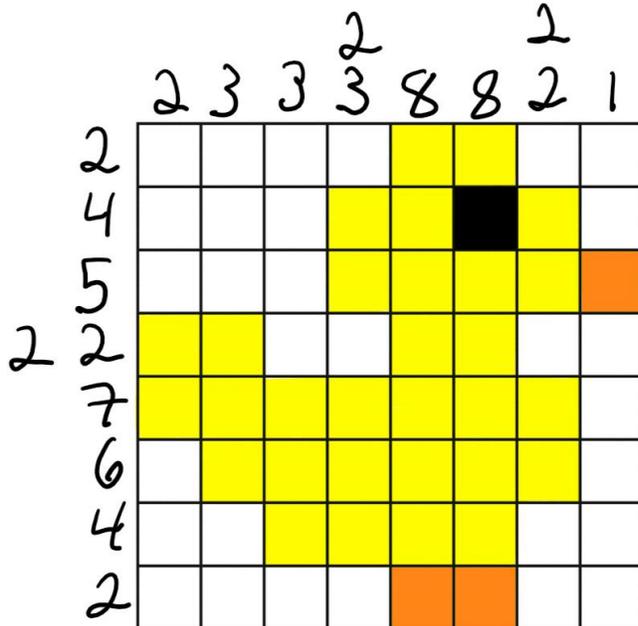
### 6x6 Grid: Tree



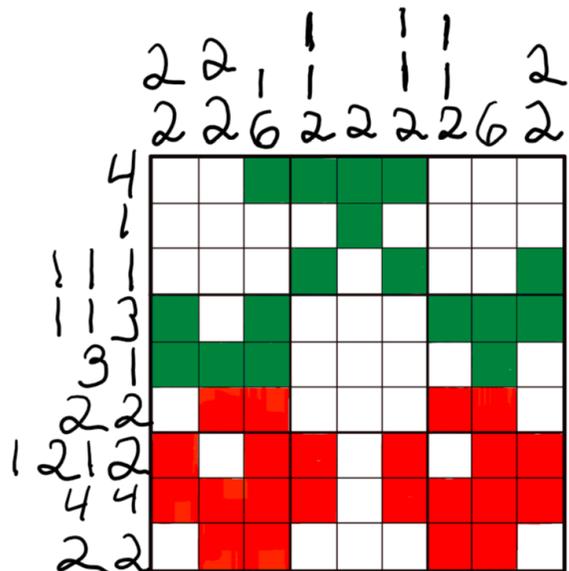
### 7x7 Grid: Ship



### 8x8 Grid: Duck

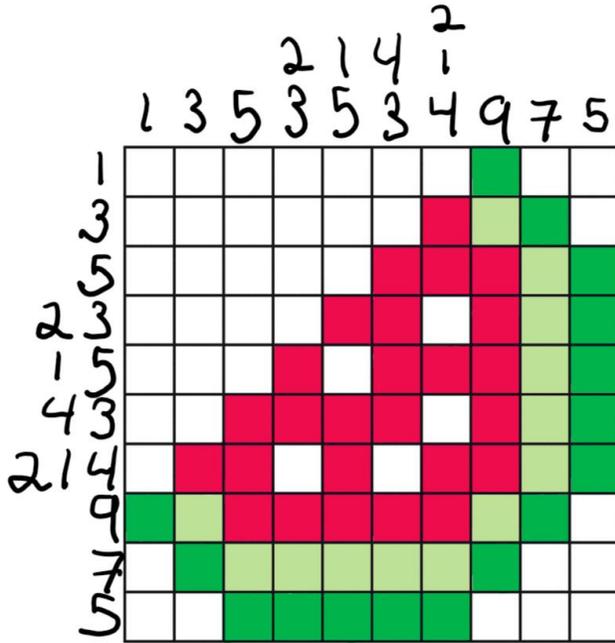


### 9x9 Grid: Cherries



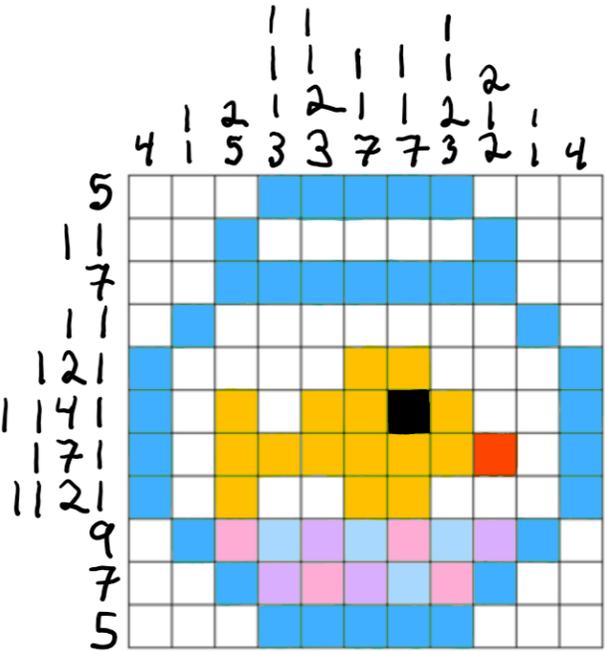
10x10 Grid:

Watermelon

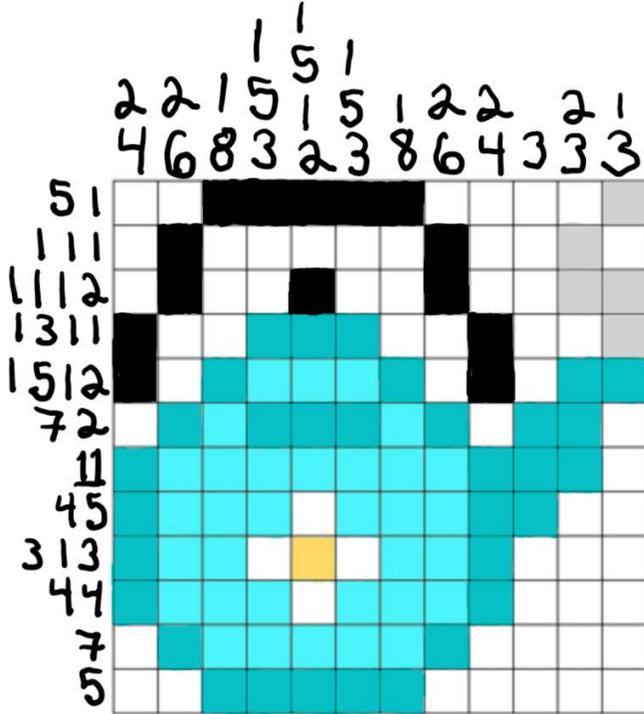


11x11 Grid:

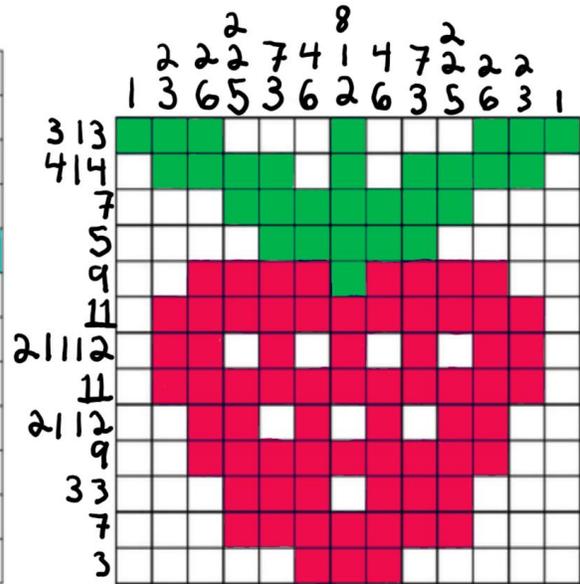
Fish in Bowl



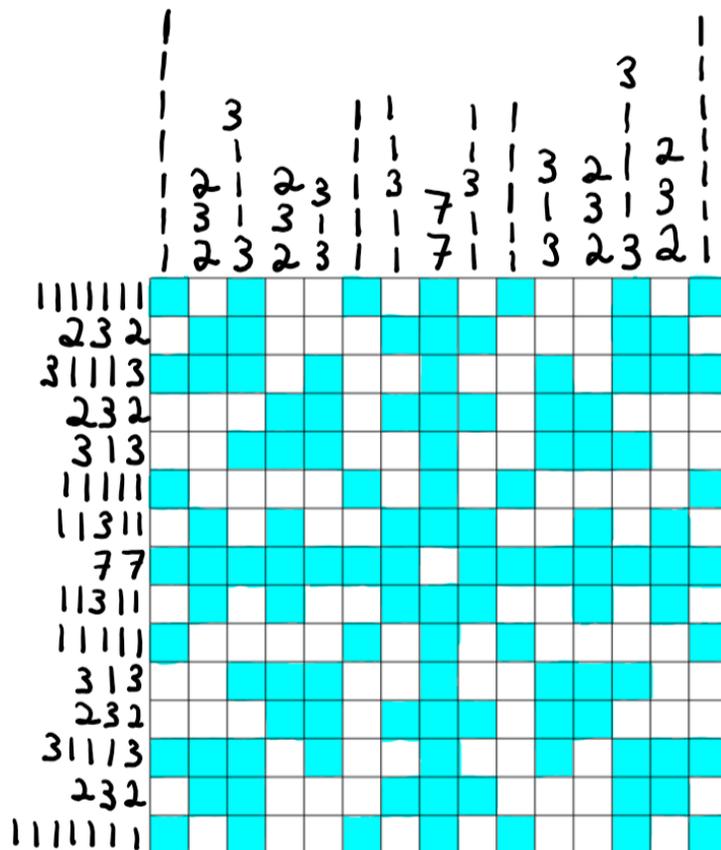
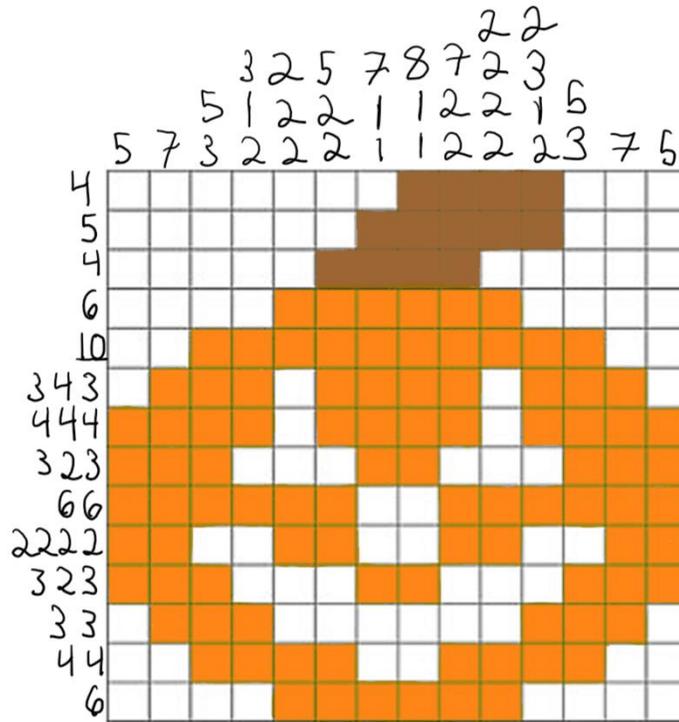
12x12 Grid: Teapot



13x13 Grid: Strawberry



# 14x14 Grid: Jack-O-Lantern



# 15x15 Grid: Snowflake

## MAZES

- ★ Captain Hope Wishes on a Star: Level 1.....65
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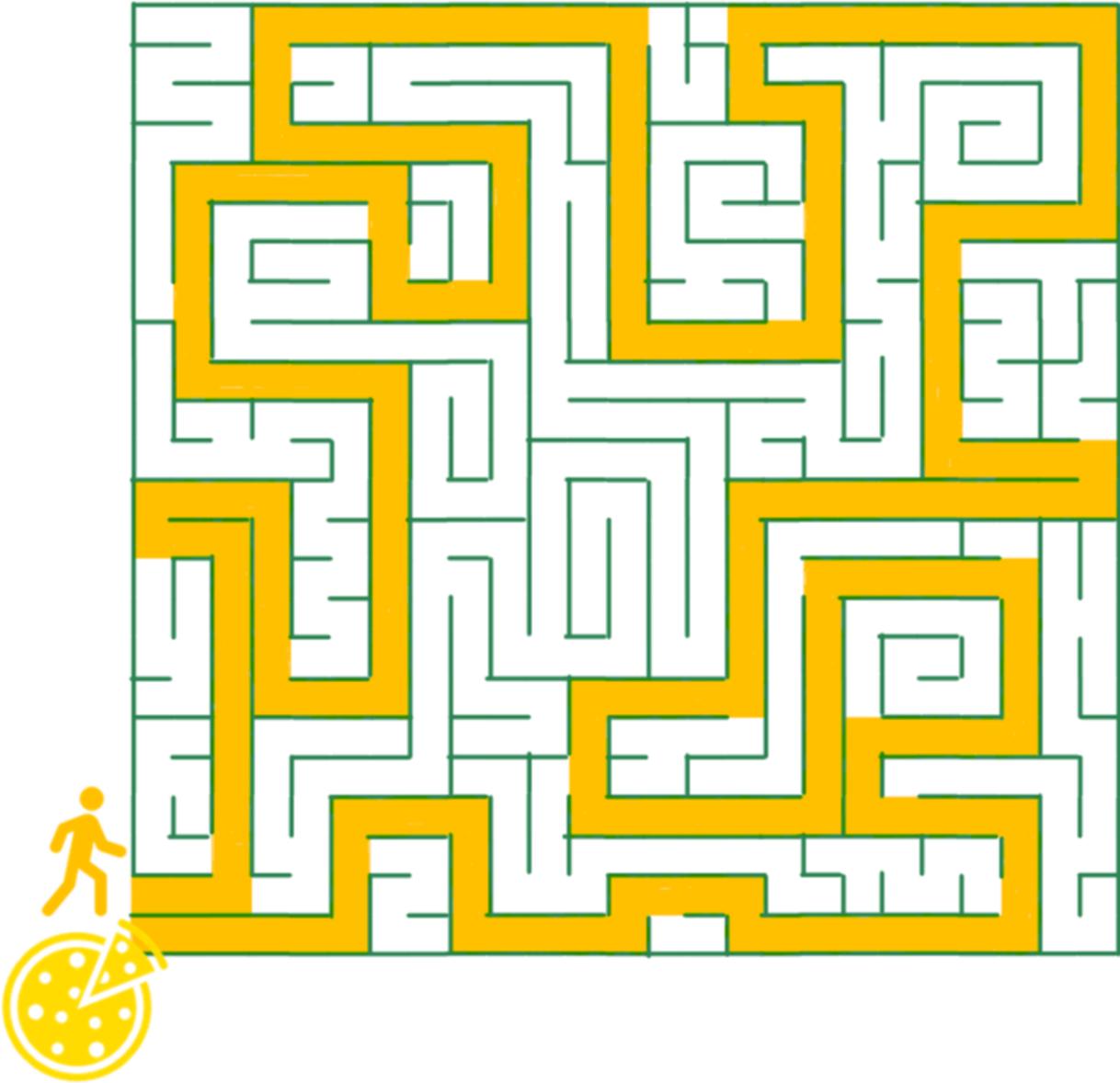








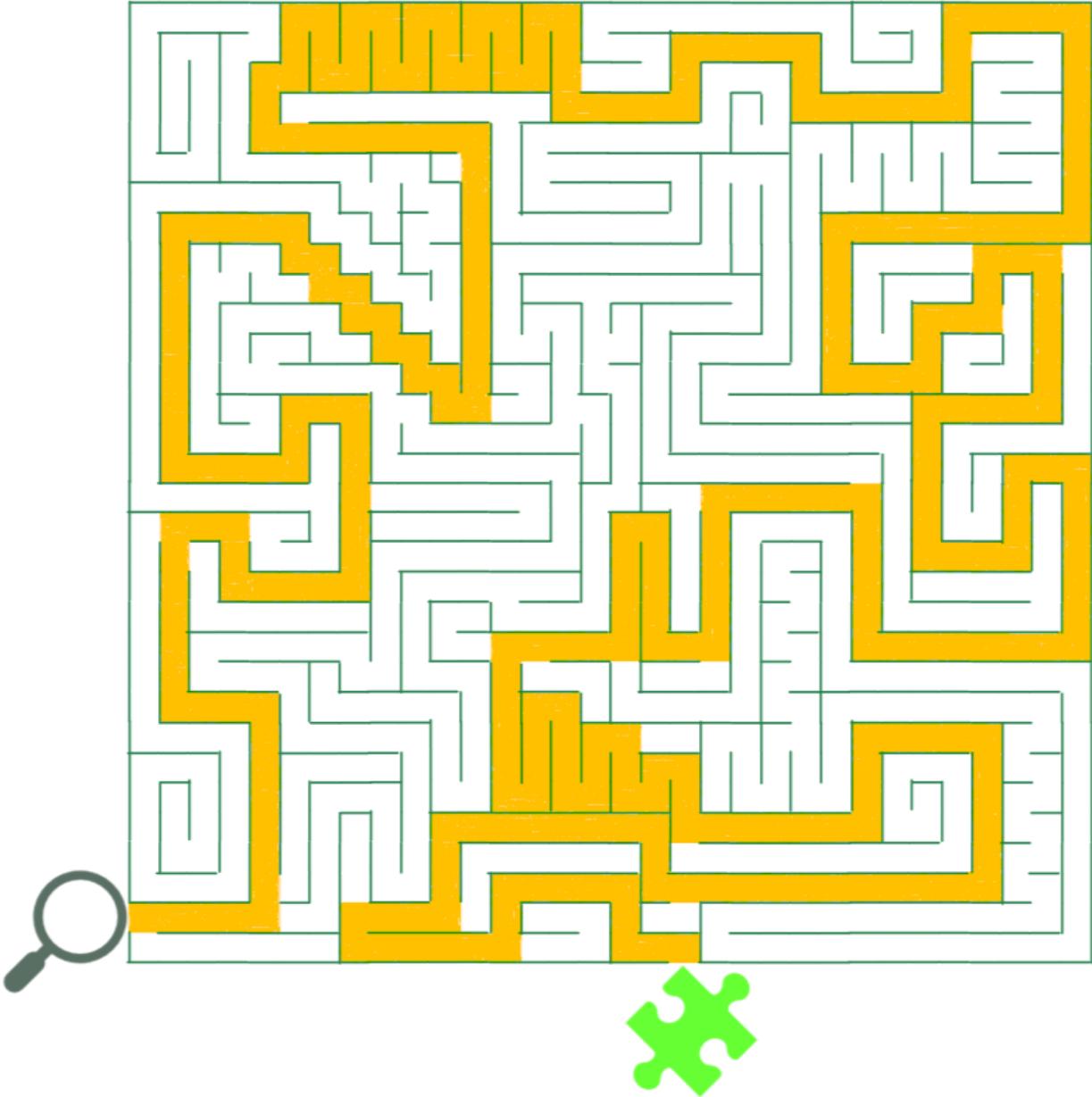
## Sunny Makes a Pizza: Level 6



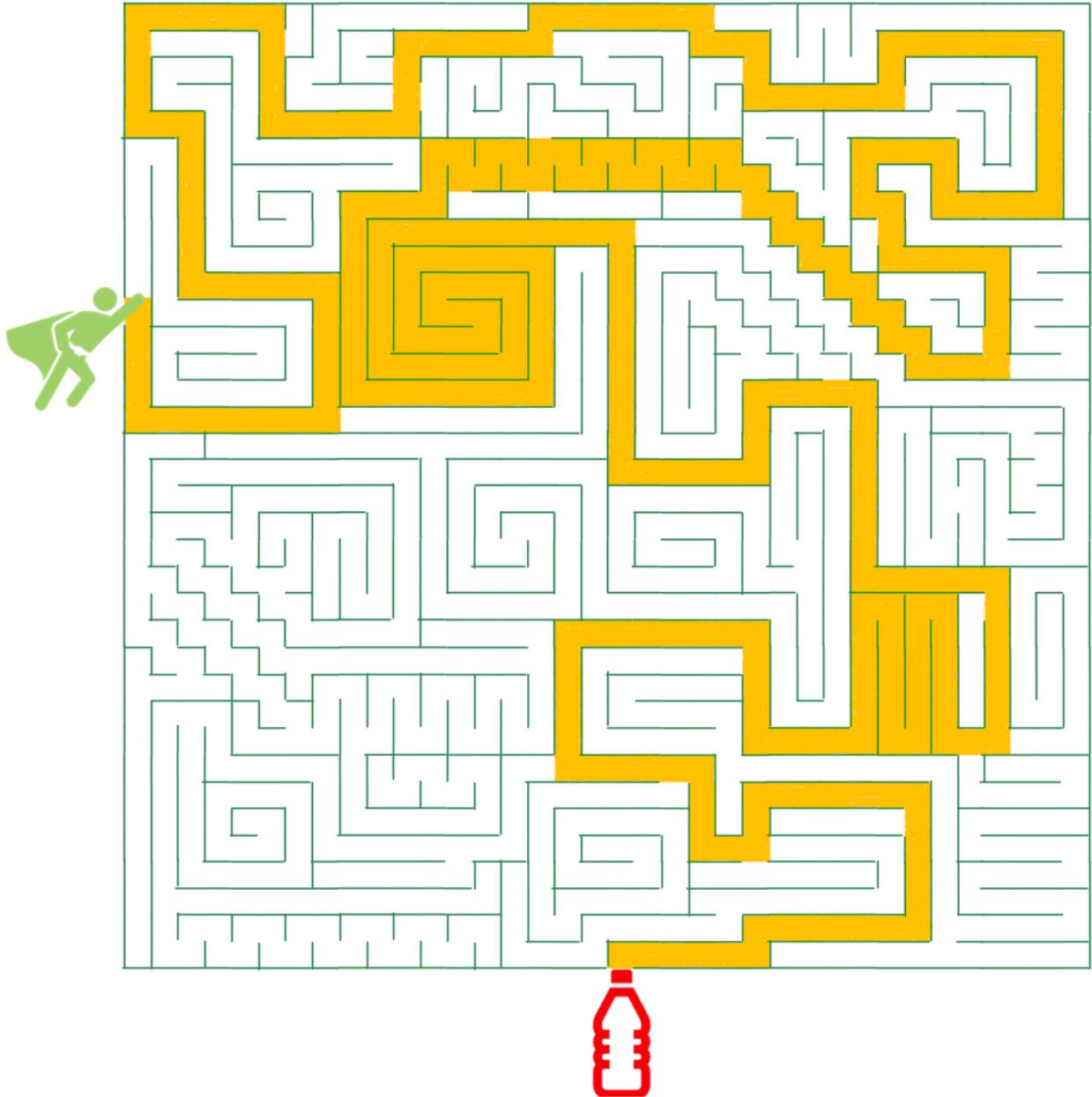


Emma & the Missing Puzzle Piece:

Level 8



# Captain Hope & and the Missing Mini Soda: Level 9





## ABOUT THE AUTHOR

Gabriella “Gabby” DeFilippo is currently a student at Montclair State University. When she was 11, she was diagnosed with High-Risk Pre-B Acute Lymphoblastic Leukemia. She received treatment at The Valerie Center at Goryeb Children’s Hospital. While in High School Gabby became The Valerie Fund mascot Captain Hope. When she first became the mascot, little was known about the character. For her Girl Scout Gold Award, Gabby decided to create a comic book about Captain Hope. However, in October 2020, while in the middle of the global pandemic, Gabby and her family found out that she had a very rare ovarian tumor called a Sertoli-Lydig Cell Tumor. In October Gabby had surgery to remove the tumor and luckily did not need any further treatment. Despite her circumstances Gabby continued to work on her Gold Award project. She decided that instead of a comic book, she would make a Captain Hope Activity book that people could easily print at home. That is how this activity book came into being. I hope that this activity book brings you joy and hope!



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